

Curriculum Vitae

Personal Details

Name: Dr. Brian Fergus Barrett
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Personal Profile

Psychiatrist and Psychotherapist

Specialized in the diagnosis and treatment of challenging behavior and psychiatric disorders in persons with intellectual and developmental disabilities (IDD)

Many years of experience in the field treating several hundred patients with IDD a year

Special focus on emotional development (ED/SEO/SEED) and its implications for adapting environments to the needs of people with IDD

Expertise in adapting psychotherapeutic approaches such as operant conditioning and Dialectical Behavior Therapy (DBT) for persons with IDD

Dedicated to further educate health care professionals in the field of IDD

Politically engaged in improving conditions for social integration and participation of people with IDD

Current Appointments

Director of consult-idd.com

Senior Psychiatrist and Psychotherapist for Adult Psychiatry and Psychotherapy, St. Lukas Klinik, specialized clinic for people with IDD, Stiftung Liebenau, Germany

On-site consultant psychiatrist and psychotherapist to numerous service providers for persons with IDD and mental health problems

Associate professor for psychiatric aspects in clinical Orthopedagogy, Catholic University of Freiburg, Germany

Lecturer of post-graduate and advanced training courses for Psychiatry and Psychotherapy in IDD at different academies across Germany

Court appointed expert for psychiatric issues in IDD

Memberships and Offices

Founder of consult-idd.com

Former President of the European Association for Mental Health in Intellectual Disability (EAMHID)

Former President of the German Association for Mental Health in Intellectual Disability (DGSGB)

Former Co-Chair of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) – Section Psychiatry in Intellectual Disability

Founding member of the Network of Europeans on Emotional Development (NEED)

Founding member of the German Coalition for Research and Action on Social Participation of Individuals with Disabilities

Member of the German Association of Executive Physicians in Psychiatry and Psychotherapy (BDK) – Section Intellectual Disability

Member of the German Society for Drug Safety in Psychiatry (AMSP) – Section Intellectual Disability