

CV - Arvid Nikolai Kildahl

Born: 1981

Title: Researcher/PhD/Specialist in Clinical Psychology

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Education

2018-2021 PhD in Social Sciences, Department of Psychology, University of Oslo.

2009-2014 Specialist in Clinical Psychology, The Norwegian Psychological Association.

2004-2009 6-year integrated programme in clinical psychology, University of Oslo.

Work Experience

2022- Researcher/PhD, Norwegian Advisory Unit on Mental Health in Intellectual Disabilities, Oslo University Hospital.

2017- Specialist Psychologist, NevSom – Norwegian Unit of Expertise for Neurodevelopmental Disorders and Hypersomnias, Oslo University Hospital.

2014-2023 Clinical Psychologist, Regional Section Mental Health, Intellectual Disabilities/Autism (PUA), Oslo University Hospital.

2012-2013 Clinical Psychologist, Department of child habilitation, Akershus University Hospital.

2011-2012 Clinical Psychologist, Early Intervention and Rehabilitation, Nedre Romerike Regional Psychiatric Centre, Akershus University Hospital.

2009-2011 Clinical Psychologist, Psychiatric Department for People with Intellectual Disability/Autism, Oslo University Hospital.

2005-2008 Research Assistant, Autism Birth Cohort study, Norwegian Institute of Public Health/Lovisenberg Hospital.

Lecturing and teaching experience

-Currently (2025) supervising two PhD projects relating to mental health and intellectual disabilities.

-Supervised eight master's students throughout their projects.

-Regularly lectures in topics relating to intellectual disabilities/autism and mental health in hospital settings in Norway, and have lectured at the University of Oslo, Oslo Metropolitan University and several other Norwegian institutions.

-Lectured in hospital settings and for professionals on topics relating to trauma in intellectual disabilities/autism, also in Denmark, Sweden, the UK, and Israel.

-Oral and poster presentations at conferences in Norway, and internationally (EAMHID, INSAR).