

Curriculum Vitae – Els Ronsse

Personal Information

Name: Els Ronsse

Email: els@psysense.be

Year of Birth: 1972

Nationality: Belgian

Website: psysense.be

LinkedIn: [linkedin.com/in/els-ronsse-3984782](https://www.linkedin.com/in/els-ronsse-3984782)

Skills

- Promoting mental health
- Psychotherapy
- Stimulating research on mental health in people with intellectual disabilities
- Clearly explaining autism and emotional development to others
- Engaging audiences with information on autism
- Exploring issues related to intellectual disabilities

Languages

Dutch (native)

English (fluent)

Hobbies & Interests

- Floral arrangements
- Organizing small events

Profile

I work as a psychologist and psychotherapist in the group practice 'PsySense' in Asper, Belgium. My expertise lies in autism and emotional development. I previously worked as an orthopedagogue with people with intellectual disabilities and autism. Over time, I expanded my focus to include people with autism and average intellectual ability. In addition to individual guidance, I support organizations through supervision and training on autism and emotional development. I am also chair of Sens-EO, the Flemish expertise centre on emotional development, and contribute to publications in this field.

Education

- Master in Psychology, Ghent University (1990–1995)
- Social Management, European University College Brussels (2005–2007)
- AIP (2004–2007)
- Secondary Education, Zusters Bernadinnen, Oudenaarde (1984–1990)
- Professional Organizer, 2023

Work Experience

- Chairwoman, SENS-EO (2013–present)
- Psychologist, PsySense, Asper (1999–present)
- Supervisor/Freelancer, Autisme Centraal, Ghent–Gouda (2019–present)
- Psychologist/Freelancer, Vlaamse Vereniging Autisme (2005–2022)
- Educational Trainer, Konekt / Vonx / Handicum, Ghent (2011–2022)
- Psychologist/Freelancer, PC Guislain, Ghent (2003–2012)
- Orthopedagogue, Brothers of charity, Ghent–Deinze–Vurste (1995–2008)

Certificates

- Certified Assessor Emotional Development (2019)
- Systemic (Family) Therapy for Autism (2024)

Publications

(Titles translated from Dutch unless the publication was originally in English.)

- Ronsse, E. (2003). With twenty years delay. In *Journal for Mental Health Care Providers* (Sept–Oct issue).
- Ronsse, E. (2006). What drives the motorcyclist? In *Motor Action Group*.
- De Rijdt, C.; Van Hove, V.; Ronsse, E.; Lembrechts, D.; Verschuur, E. (2007). Use of visualization / a practical guide for people with disabilities. Garant.
- Ronsse, E. (2008). Does the MMP-2 detect an autism spectrum disorder? *Scientific Journal Autism*, 1, 16–23.
- Ronsse, E. (2009). Facets: about people with autism and intellectual disability. Self-published.
- Ronsse, E. & Van Rentergem, M. (2009). Lonely together, about life with an autistic partner. In *Autism*.
- Casier, C.; Demeulemeester, C.; De Vos, V.; Hendriks, S.; Ronsse, E.; Thienpont, R.; Van Loon, T.; Verweire, V. (2011). Unbearable suffering: the pain of being different. Academia Press.
- Ronsse, E. & Vermeersch, S. (2012). Playfully... play therapy with people with autism and intellectual disability. In *Strong! In Autism*.
- Ronsse, E. (2012). Patient education for people with intellectual disability and/or autism. *Neuron & Flemish Journal of Orthopedagogy*.
- Claes, L; Declercq, K; De Neve, L; Jonckheere, B; Marrecau, J; Morisse, F; Ronsse, E; Vangansbeke, T. (2012). Emotional development in people with intellectual disabilities. Garant.
- Ronsse, E. & Clissen, M. (2015). A look at emotional development. Is assessment also useful for autism and average intellectual ability? In *Strong! In Autism*, 34(1), 32–34.
- Ronsse, E. (2016). Can I also be helped? Psychotherapy for people with intellectual disabilities: feasible? *Flemish Journal of Orthopedagogy*.
- Sappok, T. & Ronsse, E. (2017). Emotional development in adults with an autism spectrum disorder combined with an intellectual disability. In in De Bruyn, J., Van den Broek, A., Vonk, J., Twint, B. (2017) *Handbook Emotional Development and Intellectual Disability*. Boom.
- Baudewijns, L., Ronsse, E., Verstraete, V., Sabbe, B., Morrens, M., & Bertelli, M. O. (2018). Problem behaviours and Major Depressive Disorder in adults with intellectual disability and autism. *Psychiatry Research*, 270, 769–774. <https://doi.org/10.1016/j.psychres.2018.10.039>
- Ronsse, E. (2018). Learning love. In *Strong! In Autism*.
- Ronsse, E. (2021). In my imagination it is better. In Blijd-Hoogewys, E., Bezemer, M., Mol, A. (reds.) (2021) *Lifhacks for Girls with Autism*. SWP, Amsterdam.
- Victoir, A. (2022). Interview with Els Ronsse on: ‘SEO-R²: Understanding the emotional needs behind challenging behaviour’. In *Kaleidoscope*, n34.

- Tarasova, D., Zepperitz, S., Ronsse, E., Vonk, J., Zaal, S., Hudson, M. & Sappok, (2022). Social Individuation: Extending the Scale of Emotional Development – Short (SED-S) for adolescent reference ages. *Research in Developmental Disabilities*, 128, 104303. <https://doi.org/10.1016/j.ridd.2022.104303>
 - Ronsse, E. & Mathurin, W. (2023). Deeper insight into autism spectrum disorders thanks to Došen's developmental-dynamic approach. In In Morisse, F., Claes, L., Koedoot, P. & De Neve L. (eds.) (2023). *The Loving Revolution of Anton Došen*. Gompel&Svacina.
 - Ronsse, E. (2024). Emotionally younger. In In Blijd-Hoogewys, E., Bezemer, M., Mol, A. (eds.) (2024). *Lifhacks for Women with Autism, Part 2*. SWP, Amsterdam.
 - Claes, L., De Neve, L., Jonckheere, B., Marrecau, J., Morisse, F., Ronsse, E., Vangansbeke, T. (eds.) (2024).. *Emotional development in people with intellectual disabilities*. Gompel&Svacina.
 - Morisse, F., De Neve, L., Ronsse, E., Sterkenburg, P., Vonk, Z., Zaal, S. (2024). *SEO-V². Scale for Emotional Development – Shortened 2nd version*. Hogrefe.
- Mathurin, W., Peters, A., Ronsse, E., Vonk, J., Zaal, S. (2025). *Why It Does Matter: A Plea for the Distinction Between Social and Emotional Development*, NTZ, in press