



12th European Congress of Mental Health in Intellectual Disability

*Working together: The mental wellbeing
of people with intellectual disabilities
and their families in their communities*



Barcelona

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Newsletter

November 2017

In this edition: The 11th EAMHID Congress in Luxembourg

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Jean-Claude Juncker, President of the European Commission, sent a video-message to the EAMHID congress participants.

Preface by Roger Banks, EAMHID president



I have a hope that you, the person reading this newsletter, may not be an EAMHID member! My wish is that you found a copy of this newsletter in your place of work, in a library, maybe on the seat of a tram! Perhaps the newsletter was shown, even better given, to you by a colleague or a friend who is a member of EAMHID or who, perhaps, in turn had received it from others. If you are indeed an EAMHID

member then do not be upset – I am glad you are here too. Whatever the events that led you here – welcome!

The EAMHID was established in order to promote and support the mental health and wellbeing of people with intellectual disabilities. The knowledge, skills and experience needed in order to be able to do this well are not always readily accessible across the countries of Europe – our aim is to try to remedy that. Sharing and disseminating knowledge is an essential component of such work and this newsletter represents one part of our communication strategy.

In this edition you will find information about our successful recent congress in Luxembourg and, if you were not there, perhaps this will encourage you to start making plans to attend the next Congress in Barcelona in 2019. There is also information about publications and books and other activities in the field of mental health and intellectual disability / autism. If you think there is something that would enhance future editions of the newsletter then please do contact us and let us hear your ideas. Finally, please don't forget to leave a copy of this newsletter on the bus! My best wishes to you all,

Dr. Roger Banks FRCPsych FRCGP(hon) FIPD

Consultant in the Psychiatry of Intellectual Disability
President of EAMHID

Great Success: The 11th EAMHID Congress

The opening ceremony



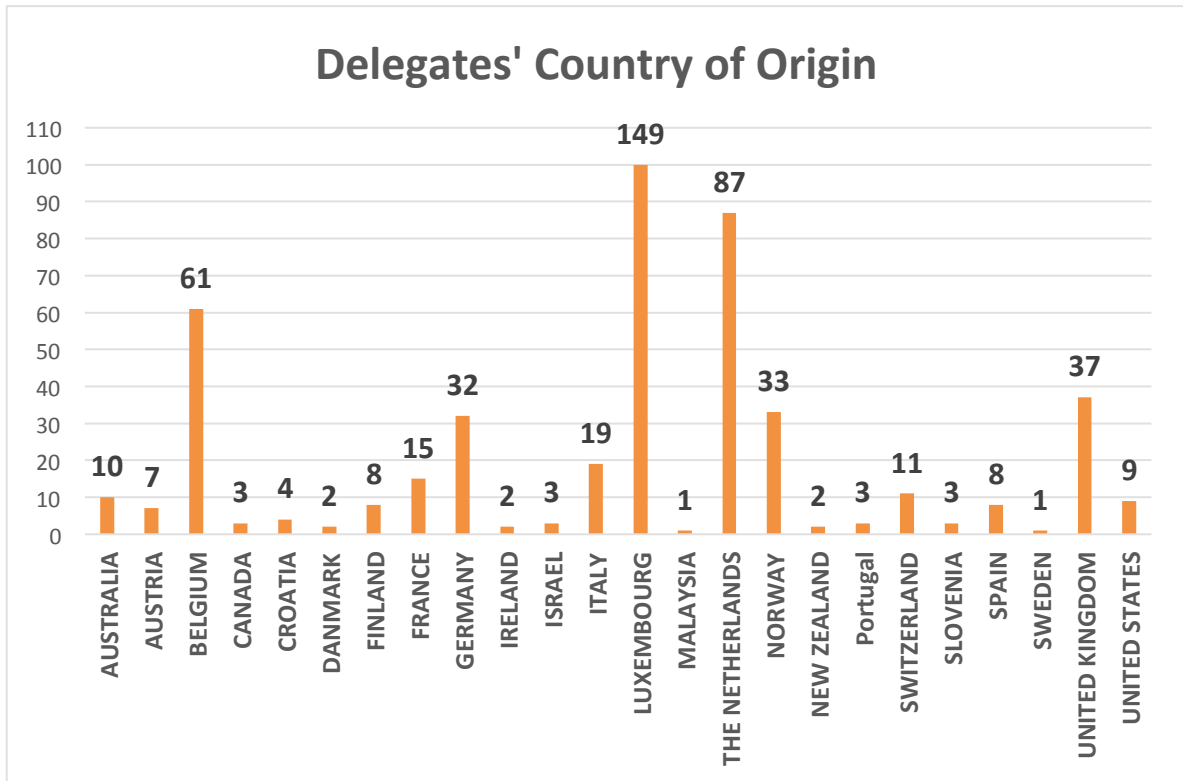
Lydia Mutsch, Minister of Health and Equal Opportunities; Prince Guillaume, Hereditary Grand Duke of Luxembourg; Corinne Cahen, Minister of Family Affairs and Integration and for the Greater Region; and Germain Weber, Vice Dean of the Faculty of Psychology, University of Vienna on their way to the opening ceremony.



Dr. Raymond Ceccotto , President of EAMHID 2015– 17.

This year's congress delegates

510 participants from 24 countries attended the 11th EAMHID Congress in Luxembourg. Most of the participants came from the host country Luxembourg (149), followed by the Netherlands (87) and Belgium (61).



Not only delegates from Europe but also from Australia, the U.S. and Malaysia!



Congress inauguration in the presence of Prince Guillaume, Hereditary Grand Duke of Luxembourg



Prince Guillaume was very interested in the topic of mental health in intellectual disabilities and appeared to enjoy his visit.



Dissertation Award of 11th EAMHID Congress



The award for the best dissertation of the Luxembourg congress 2017 went to **Dr. Noud Frielink** of the Academic Collaborative Center Living with an Intellectual Disability, Tranzo, Tilburg University, the Netherlands. The dissertation entitled *“Motivation, well-being, and living with a mild intellectual disability: A self-determination theory perspective”* was funded by Dichterbij and supervised by Professor Petri Embregts (Tilburg University) and Professor Car-

lo Schuengel (VU Amsterdam).

The central aim of the dissertation was to study the topic of motivation and self-determination among people with mild-to-borderline intellectual disability (IQ 50–85) through the lens of self-determination theory (SDT). That is, three self-report questionnaires regarding the SDT concepts of autonomy support, need satisfaction, and motivation were developed and validated. In addition, using structural equation modelling, the tenets of SDT as applied to support were tested. By showing that autonomy support, autonomous motivation, as well as the needs for autonomy, competence, and relatedness were associated with subjective well-being, universality claims of the SDT were bolstered. Finally, in addition to this correlational research, a multiple case experimental intervention study was conducted to evaluate whether an SDT-based intervention, entitled Beat the kick (in Dutch Sterker dan de kick), could facilitate the internalisation of autonomous motivation among people with mild-to-borderline intellectual disability and addiction problems.



Germain Weber, Vice President and Director of the Scientific Committee of the EAMHID congress 2017

Ken Day Award of 11th EAMHID Congress

Since the 2013 Congress in Estoril, we have encouraged and made an award for young researchers presenting their work through posters, which is a wonderfully accessible and social format. From 2015 we named the award after the late Ken Day, a pioneer of services for

people with dual diagnosis in the UK, and also one of the people who encouraged Anton Dosen to start the EAMHID. The executive committee mandated Drs Jannelien Wieland, Ken Courtenay, and myself to look at all the abstracts and posters and to rank these on Impact, Originality and Innovation of content, Methodology / (Data \pm), Clarity of ideas.

We finally narrowed it down to 2 posters from which we chose a winner and runner up for honorary mention. We ultimately decided the Ken Day award should go to a poster that resulted from significant group effort and smart long term planning and coordination, allowing multiple starting scientist-practitioners to develop questions close to practice, and having an abundance of data to give a rigorous answer to these questions. The award went to:

The Association Between Challenging Behaviour and Caffeine Intake in People with Intellectual Disabilities: A Study in 13 Residential Settings in the Netherlands

by Anneke Nijenhuis, Manon Rotink, Shaneeta Heer, Sandra Mergler, and A. Oppewal, who are all affiliated with the training program for Intellectual Disability Medicine, Department of General Practice, Erasmus MC, University Medical Center Rotterdam, The Netherlands.

We also very much liked a poster that really hit multiple goals of our conference, that is empowering patients, supporting staff, innovation and adventure, and evaluating the results. This one deserves the honorary mention:

Simulated Patients with Intellectual Disabilities – Turning the Table to Meet Health Needs

by Karina Marshall-Tate, Gregoire Billon, and Samantha Riches, who are affiliated with the South London and Maudsley NHS Foundation Trust, UK.

We are very proud of these winners, and look forward to their future submissions to our conference. **To everyone: keep the posters coming!**

Prof. Carlo Schuengel

*Professor VU Amsterdam, Section of Clinical Child and Family Studies
Associate Dean Research Faculty of Behavioural and Movement Sciences*



Interview with the current EAMHID President, Roger Banks



Roger Banks and Raymond Cecotto at the 11th EAMHID

Roger, at the closing ceremony of this year's EAMHID congress Raymond passed the presidency to you. How do you feel about being the new EAMHID president?

Raymond is a very hard act to follow! He did a remarkable job in the organisation of a very successful and well-received Congress and he has experience, skills and networks that I envy. It was particularly touching to be able to bring together a number of past Presidents together with the founder of EAMHID, Anton

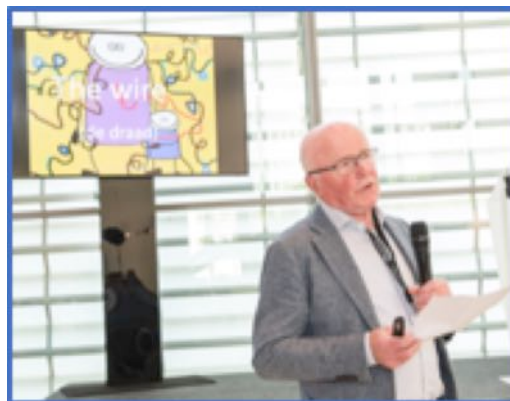
Dosen for a quick photograph and it made me very aware of the responsibility of maintaining continuity and honouring tradition and also being able to 'move with the times' as it were. I am humbled and honoured by the confidence of colleagues from Europe and elsewhere in being put forward to take on this role – I am anxious to make the best of the opportunity.

What is your AGENDA for your presidency?



Over the past two years we have made some helpful clarification about the role of the various officers of the Executive Committee and the creation of a number of **standing committees** whose work will be to organise congresses, review the scientific programme for these congresses and other initiatives, maintain good finance and business management and communications. These changes, I hope, will liberate the role of President from focussing mainly on congress organisation to one of developing and delivering a wider strategy that works towards the original aims of the Association. You will recall the article in a previous newsletter from Anton Dosen, founder of EAMHID, in which he reminded us that the Association was formed in order to promote mental health and well-being of people with intellectual disabilities and to address the awareness, management and prevention of mental health and behaviour problems. This

was with the recognition that the professional knowledge and skills as well as the service provision varies greatly across the Member States of Europe. The Association aimed to work towards improving this through “stimulating and facilitating international cooperation, exchange of knowledge and experience in the field of mental health care for people with ID, coordinating and promoting scientific activities and improvement of standards of service provision throughout European countries. Our excellent congresses go some way to achieving these aims, however, there are many people who are not able to come to such meetings through lack of support, lack of finances and lack of awareness. I want to explore ways of taking our knowledge and experience to them through more local meetings or using modern communications such as webinars, podcasts and similar.



Prof. Dr. Anton Dosen, Founder and EAMHID Honary Member during a presentation of the 11th EAMHID.

It would be overly ambitious of me to suggest that we can deliver on all those aspirations over the coming two years but I would like to make some inroads into resuscitating some of these and establishing activities and networks that may enable us to sustain this work in addition to continuing to deliver a high profile and world standard congress.

We all shared intense and inspiring days in Luxembourg at the EAMHID congress “Better mental health for people with ID – better care using knowledge transfer and bringing together innovative collaborative networks.” What was your impression of the event and what were the “hot” topics during the congress?

More than ever I was struck by the variety and breadth of what was presented across differing formats – there was a pervasive sense of intense interest and concentration and participation wherever you were. It was particularly pleasing to me to see people from **a wide range of professional and other backgrounds including the very tangible presence and engagement of people with intellectual disabilities, parents and carers.**

I think everyone will have had an experience of the congress that was unique to them but in thinking about the themes that stood out for me, it was the combination of key note presentations on approaches that encompass the neuro-pharmacological, the relationship between genetic differences and behavioural phenomenology, the psychological and psychotherapeutic together with the philosophical, that vividly illustrated the fascinating complexity and challenges of our field. This mingling of paradigms of knowledge

throughout the conference, emphasised the need for us to continue to support and advocate for the highest quality research and practise across the widest spectrum of understanding and to do so in ways that do not divide, but work towards a cohesive whole. Most importantly, that our pursuit of knowledge and its dissemination is driven in strong partnership with the people and their families whom we are here to support.



A variety and breadth was presented across differing formats.

I remember very well that actually you suggested to focus on “co-production”. Why?

There is an emerging body of evidence of co-productive approaches to mental disability being associated with good outcomes and acceptability to service users, families and professionals alike. Co-production underpins a lot of the work in NHS England that I am involved with as Senior Psychiatry Lead to the Learning Disability Programme as part of Transforming Care. However, it also **represents a framework that encapsulates the values and approaches that I have acquired over my professional life** and which were espoused by those who were my mentors and role models; and I genuinely include in that group a number of people with intellectual disabilities and family members who have taught me and inspired me more than they may ever know! Goodwin and Cahn’s concept of the “core economy” is one that resonates with me on a daily basis. We are all very familiar with the large scale economies of institutions such as banking, financial markets, the public services in which many of us work and national and global economic structures and processes. **None of these would be able to function without the “core economy” of people and the individual assets that they bring.** Assets that include the “resources of people’s everyday lives” such as time, energy, wisdom, experience, knowledge and skills. They also include the relationships between people and the qualities of love, empathy, watchfulness, care, reciprocity, teaching and learning. I find myself increasingly focussing on these factors in addressing people’s wellbeing and in trying to reduce inequalities in mental and physical health.

What are your experiences with this approach?

In 2010 I was one of the authors of the World Health Organisation's European Declaration on the Health of Children and Young People with Intellectual Disabilities and their Families. The process of producing this declaration in-



involved close and collaborative working with a wide range of stakeholders including young people themselves and their family members. I was subsequently involved with a project, led by the charity Lumos, that was aimed at enabling young people and their families in three central European countries to be directly involved, and indeed to take a lead, in influencing plans for implementation of the declaration in their home country. **The photograph on the left** was taken at a meeting in Prague where one of our young colleagues Yasin from Bulgaria, spontaneously asked if he could have a photograph of the two of us together – **I think the photo speaks for itself and moves me each time I see it.**

As I have already said, the principles of co-production are embedded in the current work of NHS England and the Transforming Care Programme where I have the great privilege of working alongside fellow employees who have intellectual disabilities (our Learning Disability Advisors) or who are family carers. One of the greatest changes in the health and social service culture has followed our development of Care and Treatment Reviews (CTRs) aimed at enabling earlier discharge from specialist mental health and learning disability hospitals and indeed, finding alternatives to hospital for those who present behavioural challenges and whose care and support in the community is breaking down. The CTR process provides an independent review and challenge of care and treatment plans and the review panels include, in addition to the responsible commissioner and an independent clinician, experts by experience i.e. people with intellectual disabilities or family carers. The whole process of development, implementation, quality assurance, policy writing and review has been done in a close co-productive framework. This has significantly altered the balance of power in services and led, on the whole, to greater empowerment of service users and family members; a previous National Clinical Director for Learning Disabilities described this as **“the biggest sea change” in the culture of service provision in England for a number of decades.**

I am in addition currently supporting a EU funded project, ENABLE, with ARFIE and partners from a few countries that has been exploring how to support

co-production in service design, development and delivery and we are having a dissemination conference on the 2nd December in Brussels.

At risk of talking too much, I must also mention **Books Beyond Words** (booksbeyondwords.co.uk). These books, developed by Sheila Hollins (one of our two Honorary EAMHID members) illustrate stories about significant life challenges for people with intellectual disabilities through the medium of pictures. People are supported to read the pictures in the books and tell the story (their own interpretation of the picture sequences) that they see. I am on the Board of Directors of Beyond Words and am an author of a number of publications. The important point here is that **the process of book development is very much based on principles of co-production**. Our editorial groups from the outset bring together people with intellectual disabilities, artists, professionals and others from varied backgrounds with experience in the subject, with each person being regarded as an equal and respected member of the team. I think this underpins the success and appeal of the books in being able to address common life challenges in a way that is recognisable and accessible to many.

In your experience, how should projects and services be aligned to the idea of co-production in the future?

It is essential to know that **co-production is not an “all or nothing” approach**. Core principles of co-production have been clearly described by a number of bodies, projects and publications. The challenge is to try to support individuals, organisations and systems to bear these principles in mind and to regularly evaluate how effectively we are working to each of those and what we would have to do to improve further in each of these areas.

Co-production should not be something that professionals “tell other people to do” or even that service users

initiate on their own. A co-productive approach, in my experience, requires significant preparatory effort to establish genuine co-productive partner-

The Collectif Dadofonic is a professional theatre, visual art and movement company. It is a sheltered workshop from the Ligue HMC (Luxembourgish NGO).



ships and alliances with professionals and stakeholders, to spend time mutually supporting each other in understanding what this approach is about and how you will repeatedly check how well these partnerships are working.

Please allow a personal question: how did you become involved in the field of intellectual disabilities?

As a psychiatry trainee I was allocated a 6-month placement in ‘mental handicap’ as it was called at that time. It was a stage when I was studying for my professional examinations and programme directors used to put people in the Mental Handicap “slot” because they thought it was unchallenging, not particularly important and therefore you could do very little work and concentrate on passing your exams!

It was, by contrast, the most stimulating and inspiring part of my post-graduate training. I had a wonderful mentor in the person of Dr Mary Myers



FASHION SHOW with Caritas Luxembourg, Ligue HMC, and APEMH

who readily described herself as “not your usual type of mental handicap psychiatrist”. The values and ways of working that Mary espoused, together with a number of excellent and forward thinking psychology colleagues, immediately resonated with me and clarified what

I wanted my professional role and identity to be. Mary was a creative and innovative thinker and networker and brought together leaders from across the UK and the United States to find **new ways of working with a population that had been subject to a long tradition of institutional and over-pathologising services.** It was at this time that I was also blessed in meeting and becoming a friend and colleague of the late and much lamented Herb Lovett, psychologist from the US whose teachings and writings espoused the “mutuality of our human condition”. Looking back on the past 30 years (!), it feels like I went into the intellectual disability field as a trainee, and never left!

Into which project have you put the most effort?

The joint project with my wife, of nurturing and raising two sons to be kind, gentle, resilient and capable human beings **who respect and value others regardless of race, religion, lifestyle, beliefs or intellectual ability** and who provide us with constant and pleasurable challenge and shared experiences.

What do you believe to be the most important recent paper addressing “mental health in ID”?

I hope you will allow me to be a little “off-centre” on this one. I have been most impressed by the work of Julian Trollor and his colleagues from the University of New South Wales on developing **an early intervention framework for positive cardio-metabolic health of adults with intellectual disabilities**, c.f.: *Australian Journal of Primary Health* (20126), 22(4): 288–293; <https://doi.org/10.1071/PY15130>. The **framework goes beyond recommendations for good monitoring** of the parameters of cardio-metabolic health to recommending how health professionals can anticipate and help overcome barriers to care such as communication difficulties or fear of blood tests. It **also addresses the need to take into account genetic and socio-economic factors** affecting risk and to rationalise the prescribing of antipsychotics. Particularly inspiring is the **toolkit of resources** developed for people with intellectual disabilities and their cares which include a “postcard” about metabolic risk that can be given by the person themselves to their GP or other health professional. We know well the links between mental health and cardiovascular disease, the higher levels of morbidity and premature mortality in this population and the over-prescription of antipsychotic drugs in the absence of clear diagnosis of psychosis. I believe this paper to be important because it illustrates two important priorities – the need for a continued **integrated approach to both the physical and mental wellbeing of the population with intellectual disabilities** and also an illustration of how to redress the imbalance of information and power that often exists in health service practise.



FASHION SHOW with Caritas Luxembourg, Ligue HMC, and APEMH

In relation to mental health in ID, what issues in your view need more attention in the future?

In essence I think my comments in relation to the previous question highlight this. I am not being glib or facetious in saying that I believe all issues require more attention in future. It is the nature of that attention that is crucial. We need to continue to endeavour to **build a credible evidence base for models and interventions** in the field of mental health for people with intellectual disabilities and autism; an **endeavour that continues to work beyond the restrictions of the “gold standard”** clinical trial.

There needs to be more emphasis on defining and measuring outcomes for interventions and continued effort to bring together the often diverse and complex biological, psychological and social factors underlying mental health into a coherent whole at the same time as **recognising individuality and the uniqueness of each individual** right down to the genetic level!

And finally: Where and when will the next EAMHID congress take place?

The next EAMHID congress will take place on the 23rd to 25th May 2019 in Barcelona. The theme of the congress will be:

“Working together: the mental wellbeing of people with intellectual disabilities and their families in their communities.”

Thanks, Roger, for this interview!
We are all looking forward
to your presidency!

Priv.-Doz. Dr. Tanja Sappok

*Managing m.d. of the Berlin Centre for Mental Health in Adults with ID (BHZ)
in Berlin, Germany, and EAMHID president elect 2017*

Stay up to date

New Book Release



“Autismus verstehen” (Understanding Autism) is a professionally designed German magazine that presents varied up-to-date information on the subject in an appealing way. The co-productive approach is particularly important, i.e. people in the autism spectrum as well as experienced journalists are part of the editorial team. On the one hand, the magazine offers insights into life with autism

through personal reports on experiences, on the other hand it gives information on current scientific findings and developments in interviews and summarising articles. The magazine is published by the same-titled association, the editors-in-chief are Christoph Ammon and Andreas Croonenbroeck and it costs €5. The first edition is very well-made and makes you curious about the next one, which is scheduled for March 2018.

„**Autismus verstehen**“ ist eine professionell gestaltete Zeitschrift, die verschiedene aktuelle Informationen rund um die Thematik auf ansprechende Weise aufbereitet. Besonders ist dabei der co-produktive Ansatz, d. h. Menschen im Autismus-Spektrum selbst wie auch versierte Journalisten sind Teil des Redaktionsteams. Die Zeitschrift bietet einerseits in Erfahrungsberichten Einblicke in das Leben mit Autismus, andererseits informiert sie in Interviews und zusammenfassenden Artikeln über aktuelle wissenschaftliche Erkenntnisse und Entwicklungen. Das Magazin wird vom gleichnamigen Verein unter der Chefredaktion von Christoph Ammon und Andreas Croonenbroeck herausgegeben und kostet 5 Euro. Die erste Ausgabe ist insgesamt sehr gelungen und macht neugierig auf die nächste, die für März 2018 angekündigt ist.

Priv.-Doz. Dr. Tanja Sappok

For more information: <http://www.echolilia.com/new-page/>

Behandeling van patiënten met een laag IQ in de GGZ. Beperkt begrepen.

Wieland J., Aldenkamp A., vd Brink A.
Bohn Stafleu en van Loghum

Geeft handvatten voor herkennen van patiënten met beneden gemiddeld IQ in de dagelijkse GGZ-praktijk. Bevat werkwijze voor behandeling, diagnostiek en gespreksvoering. Geïllustreerd met aansprekende casuïstiek.



Dit boek helpt professionals in de GGZ bij de bejegening, communicatie, diagnostiek en behandeling van patiënten met een laag IQ. Juist patiënten met een lager IQ hebben een groter risico op het ontwikkelen van allerlei psychiatrische stoornissen. Onjuiste diagnostiek of een niet-aansluitende behandeling veroorzaakt onnodig lijden bij de patiënt en hoge maatschappelijke kosten. Circa 15% van de Nederlandse bevolking heeft een IQ onder de 85, waarbij psychiatrische stoornissen drie tot vier keer vaker voorkomen dan bij een normaal begaafde populatie. Psychiatrische aandoeningen worden in deze patiëntengroep, bij gebrek aan specifieke richtlijnen, zowel onder- als over gediagnosticeerd. Behandel mogelijkheden aangepast aan het cognitieve niveau zijn vaak niet algemeen bekend of niet voorhanden. Behandeling van patiënten met een laag IQ in de GGZ geeft handvatten voor het herkennen van deze patiëntengroep in de dagelijkse GGZ-praktijk. Het gaat uitgebreid in op diagnostiek en behandeling van deze groep. Het leert u hoe u effectief met deze patiënten een gesprek kunt voeren. Door het hele boek heen zijn diverse aansprekende casussen verwerkt. Het boek richt zich op psychiaters, psychologen en verpleegkundigen en andere professionals werkzaam in de GGZ-praktijk. Het boek is ook goed bruikbaar in opleidingen binnen de GGZ.

Jannelien Wieland

In memoriam Dieter Ferring (1958–2017)



It is with great sadness that we note the untimely, unexpected death of Dieter Ferring on 3 August 2017. Dieter Ferring was **Professor in developmental psychology and gerontology at the University of Luxembourg**. He was respected, not only for his enormous contribution to international research on ageing and family relationships, but also appreciated for his personal qualities as an excellent scientific collaborator and as someone who was especially generous with his time as a mentor to early-career researchers and as an advisor to numerous organisations – including EAMHID. His scholarly work was concerned with **improving the welfare of people and with enhancing the quality of life**, and even though the area of intel-

lectual and developmental disability was not his main research focus, he was **inclusive and intent on enlarging the frame** – as reflected in his planned contribution to the EAMHID congress in Luxembourg.

Dieter Ferring started his academic career at the University of Trier (Germany) where he obtained his PhD in 1987. He continued to work as researcher and lecturer in Trier, from where he received his “Habilitation” (venia legendi) in Psychology in 2000. In 2003, he was appointed full professor and chair of developmental psychology at the University of Luxembourg where he founded and became the director of the “Integrative Research Unit on Individual and Social Development (INSIDE)”. He collaborated productively with researchers in Luxembourg and beyond. Examples include his involvement in the European Study of Adult Well-being (ESAW), EUROFAMCARE, a network focusing on the psycho-social situation of caregivers for older family members, the European project “Virtual Coach Reaches Out ‘To Me’ – Ambient Assisted Living”, MinD (“Designing for people with Dementia: Mindful self-empowerment and social engagement”), ARPA (“Improvement of European professional networks regarding mental health of older adults”) and the COST Actions – ROSEnet (“Reducing Old-Age Social Exclusion: Collaborations in Research and Policy”) and INTERFASOL (“Intergenerational family solidarity in Europe”).

Dr. Elke Murdock

*Research Associate, Integrative Research Unit: Social and Individual Development (INSIDE),
Institute for Research on Generations and Family, University of Luxembourg.*

Recent Papers of EAMHID Board Members

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Upcoming Events

- 9. – 10. November 2017, Manresa, Spain
IV Congrés Estatal sobre Alteracions de Conducta: “Autism – from experience to evidence
For more information: www.ampans.cat/congresoconducta
- 11. November 2017, Kassel, Germany
DGSGB Fachtagung “Prävention von sexuellem Missbrauch an Menschen mit geistiger Behinderung – ausgewählte Aspekte”
For more information: <http://dgsgeb.de/index.php?section=conferences>
- 08. December 2017, Ghent, Belgium
SEN–SEO symposium: ‘Emotional Development and Attachment’.
- 26./27. January, Salzburg, Austria
1. Tagung für Inklusive Medizin Deutschland, Österreich, Schweiz „Medizin für Menschen mit Entwicklungsstörungen“
For more information: <http://www.d-a-ch-inklusivemedizin.org>
- 1. February 2018, Luzern, Switzerland
Fachtagung Agogik und Gewalt: Herausfordernden Verhaltensweisen von Menschen mit Beeinträchtigungen verstehend begegnen.
For more information: www.hslu.ch/fachtagung-heve
- 1. March 2018, Rostock, Germany
Landesverband Autismus: „Autistisches Verhalten aus neurobiologischer Sicht verständlich machen.“ mit Herrn Prof. Roth
For more information: www.autismus-mv.de



Meetings and Congresses always provide networking opportunities like at the 11th EAMHID in Luxembourg: Professor Nigel Beail, University of Sheffield, UK, in conversation with Dr. Jannelien Wieland, Executive Board member from The Netherlands.

- 15./16. March 2018, Frankfurt a. M., Germany
Wissenschaftliche Tagung Autismus-Spektrum-Störungen: Sensorische Besonderheiten
For more information: <http://wgas-autismus.org/tagung-wtas/>
- 16. March 2018, Kassel, Germany
DGSGB Fachtagung "Entwicklung über die Lebensspanne" mit Prof. Klaus Sarimski und Prof. Anton Dosen
For more information: <http://dgs gb.de/index.php?section=conferences>
- 19./20. April 2018, „Lebenshilfe“ Berlin, Germany
Der emotionale Entwicklungsansatz. Eine Fortbildung. *For more information:* <https://www.lebenshilfe-berlin.de/de/veranstaltungen/index.php>
- 17. May 2018, St. Lukas Klinik Liebenau, Germany
NEED Fachtagung
For more information: brian.barrett@stiftung-liebenau.de
- 24.– 27. June 2018, Birmingham, UK
Royal College of Psychiatrists, International Congress
For more information:
<http://www.rcpsych.ac.uk/traininpsychiatry/conferencetraining/internationalcongress2018.aspx>
- 18.–20. July 2018, Athens, Greece
IASSIDD's 5th European Congress 2018
For more information: <https://www.iassidd.org/content/2018ERC>
- 25.–27. July 2018, Glasgow, Scotland
13th World Down Syndrome Congress (WDSC)
For more information: <http://edu.eacd.org/DownSyndromeCongress>
- 24.–26. and 28./29. September 2018 Berlin, Germany
EUFASD 2018 conference and the German national meeting
For registration: http://www.eufasd.org/EUFASD_2018/
- voraussichtlich 18. September 2018, Ev. Krankenhaus Königin Elisabeth Herzberge, Berlin, Germany
Fachtagung „Co-Production: Psychische Gesundheit bei intellektueller Entwicklungsstörung“ *For information:* e.heinrich@keh-berlin.de
- 23.–25. May 2019, Barcelona, Spain
12th EAMHID Congress 2019 *For more information:* <https://eamhid.lu/>

Service for EAMHID members

In this section we have collected the past three issues of selected ID and ASD Journals for you. The journals are linked to the online contents of the respective issue.

Current topics in ID Journals

Journal of Intellectual Disability Research

Volume 61, Issue 10, <http://onlinelibrary.wiley.com/doi/10.1111/jir.v61.10/issuetoc>
Oct. 2017

Volume 61, Issue 11, <http://onlinelibrary.wiley.com/doi/10.1111/jir.v61.9/issuetoc>
Sep. 2017

Volume 61, Issue 8, <http://onlinelibrary.wiley.com/doi/10.1111/jir.v61.8/issuetoc>
Aug. 2017

Journal of Intellectual and Developmental Disability

Volume 42, Issue 3, 2017 <http://www.tandfonline.com/toc/cjid20/current?nav=tocList>

Volume 42, Issue 2, 2017 <http://www.tandfonline.com/toc/cjid20/42/2?nav=tocList>

Volume 42, Issue 1, 2017 <http://www.tandfonline.com/toc/cjid20/42/1?nav=tocList>

Research in Developmental Disabilities

Volume 69, Oct. 2017 <http://www.sciencedirect.com/science/journal/08914222/69?sdc=1>

Volume 68, Sep. 2017 <http://www.sciencedirect.com/science/journal/08914222/68?sdc=1>

Volume 67, Aug. 2017 <http://www.sciencedirect.com/science/journal/08914222/67?sdc=1>

American Journal of Intellectual Disabilities

Volume 122, Issue 5, Sep. 2017 <http://aaidjournals.org/toc/ajmr/122/5>

Volume 122, Issue 4, Jul. 2017 <http://aaidjournals.org/toc/ajmr/122/4>

Volume 122, Issue 3, May. 2017 <http://aaidjournals.org/toc/ajmr/122/3>

Advances in Mental Health and Intellectual Disability

Volume 11, Issue 4, 2017 <http://www.emeraldinsight.com/toc/amhid/11/4>

Volume 11, Issue 3, 2017 <http://www.emeraldinsight.com/toc/amhid/11/3>

Volume 11, Issue 2, 2017 <http://www.emeraldinsight.com/toc/amhid/11/2>

Intellectual and Developmental Disabilities

Volume 55, Issue 4, Aug. 2017 <http://www.aaidjournals.org/toc/mere/55/4>

Volume 55, Issue 3, Jun. 2017 <http://www.aaddjournals.org/toc/mere/55/53>

Volume 55, Issue 2, Apr. 2017 <http://aaddjournals.org/toc/mere/55/2>

Developmental Disability Research Review

Volume 18, Issue 1, <http://onlinelibrary.wiley.com/doi/10.1002/ddrr.v18.1/issuetoc>
Aug. 2013

Volume 17, Issue 3, <http://onlinelibrary.wiley.com/doi/10.1002/ddrr.v17.3/issuetoc>
Jun. 2013

Volume 17, Issue 2, <http://onlinelibrary.wiley.com/doi/10.1002/ddrr.v17.2/issuetoc>
Nov. 2011

Journal of Applied Research in Intellectual Disabilities

Volume 30, Issue 5, <http://onlinelibrary.wiley.com/doi/10.1111/jar.2017.30.issue-5/issuetoc>
Sep. 2017

Volume 30, Issue 4, Jul. <http://onlinelibrary.wiley.com/doi/10.1111/jar.2017.30.issue-4/issuetoc>
2017

Volume 30, Issue 3, <http://onlinelibrary.wiley.com/doi/10.1111/jar.2017.30.issue-3/issuetoc>
May. 2017

International Review of Research in Mental Retardation

Volume 39, 2010 <http://www.sciencedirect.com/science/bookseries/00747750/39>

Volume 38, 2009 <http://www.sciencedirect.com/science/bookseries/00747750/38>

Volume 37, 2009 <http://www.sciencedirect.com/science/bookseries/00747750/37>

International Journal of Disability, Development and Education

Volume 64, Issue 5, 2017 <http://www.tandfonline.com/toc/cijd20/current?nav=tocList>

Volume 64, Issue 4, 2017 <http://www.tandfonline.com/toc/cijd20/64/4?nav=tocList>

Volume 64, Issue 3, 2017 <http://www.tandfonline.com/toc/cijd20/64/3?nav=tocList>

International Journal of Developmental Disabilities

Journal of Learning Disabilities

Volume 63, Issue 3, 2017 <http://www.tandfonline.com/toc/yjdd20/63/3?nav=tocList>

Volume 63, Issue 2, 2017 <http://www.tandfonline.com/toc/yjdd20/63/2?nav=tocList>

Volume 63, Issue 1, 2017 <http://www.tandfonline.com/toc/yjdd20/63/1?nav=tocList>

Journal of Intellectual Disabilities and Offending Behaviour

Volume 8, Issue 2, 2017 <http://www.emeraldinsight.com/toc/jidob/8/2>

Volume 8, Issue 1, 2017 <http://www.emeraldinsight.com/toc/jidob/8/1>

Volume 7, Issue 4, 2016 <http://www.emeraldinsight.com/toc/jidob/7/4>

Journal of Special Education

- Volume 51, Issue 2, Aug. 2017 <http://journals.sagepub.com/toc/seda/51/2>
- Volume 51, Issue 1, May. 2017 <http://journals.sagepub.com/toc/seda/51/1>
- Volume 50, Issue 4, Feb. 2017 <http://journals.sagepub.com/toc/seda/50/4>

Current topics in ASD Journals

Autism Research

- Volume 10, Issue 9, Sep. 2017 <http://onlinelibrary.wiley.com/doi/10.1002/aur.2017.10.issue-9/issuetoc>
- Volume 10, Issue 8, Aug. 2017 <http://onlinelibrary.wiley.com/doi/10.1002/aur.2017.10.issue-8/issuetoc>
- Volume 10, Issue 7, Jul. 2017 <http://onlinelibrary.wiley.com/doi/10.1002/aur.2017.10.issue-7/issuetoc>

Journal of Autism and Developmental Disorders

- Volume 47, Issue 10, Oct. 2017 <http://link.springer.com/journal/10803/47/10/page/1>
- Volume 47, Issue 9, Sept. 2017 <http://link.springer.com/journal/10803/47/9/page/1>
- Volume 47, Issue 8, Aug. 2017 <http://link.springer.com/journal/10803/47/8/page/1>

Autism

- Volume 21, Issue 7, Oct. 2017 <http://journals.sagepub.com/toc/auta/21/7>
- Volume 21, Issue 6, Aug. 2017 <http://journals.sagepub.com/toc/auta/21/6>
- Volume 21, Issue 5, Jul. 2017 <http://journals.sagepub.com/toc/auta/21/5>

Research in Autism Spectrum Disorders

- Volume 41, Sep. 2017 <http://www.sciencedirect.com/science/journal/17509467/41-42?sdc=1>
- Volume 40, Aug. 2017 <http://www.sciencedirect.com/science/journal/17509467/40?sdc=1>
- Volume 39, Jul. 2017 <http://www.sciencedirect.com/science/journal/17509467/39?sdc=1>

Advances in Autism

- Volume 3, Issue 3, 2017 <http://www.emeraldinsight.com/toc/aia/3/3>
- Volume 3, Issue 2, 2017 <http://www.emeraldinsight.com/toc/aia/3/2>
- Volume 3, Issue 1, 2017 <http://www.emeraldinsight.com/toc/aia/3/1>

What is it all about?

About EAMHID

EAMHID stands for “European Association for Mental Health In Intellectual Disability”. The EAMHID Congresses promote excellence in clinical and academic work in Mental Health in Intellectual Disabilities. The Association seeks to **promote the endeavours of innovative research and clinical practice**. The Association will keep you updated through congresses, will enable clinicians and researchers in the field to exchange experiences and support collaborations on an international level in research and praxis. A key to ongoing success in facilitating high standards in practice is to nurture future clinicians and academics in low and mid income countries. **You are kindly invited to join and participate in the EAMHID, every single member is important and warmly welcomed!** For more information about EAMHID, please check our website, Facebook page and twitter or email us; details are on page 21.

Our New Board Members

We are delighted to extend a warm welcome to:

Paula S. Sterkenburg PhD, is a licensed psychologist/therapist working at Bartiméus Department of Psychotherapy in Doorn and Assistant Professor at the Department of Clinical Child and Family Studies of the Faculty of Behavioural and Movement Sciences and the EMGO+ Institute for health and care research of the Vrije Universiteit Amsterdam.



The theme of her PhD study was ‘Integrative Therapy for Attachment and Behaviour’. In 2007 she received the Award of the Dutch Association of Healthcare Providers for People with Disabilities (VGN Gehandicaptenzorgprijs) for the way in which she succeeded in building a bridge between research and practice. In 2012 the University of Groningen granted her the Han Nakken Award for the workbook

entitled 'Developing Attachment'. In 2013 she had the winning proposal at NutsOhra Fund and Vilans Centre for an APP for parents and caregivers of persons with profound intellectual and multiple disabilities' and in 2015 she was one of the top three selected for the VU EMGO+ Societal Impact Award. In 2015 she collaborated in a team from Stichting Nieuwzorg, Vrije Universiteit Amsterdam and Bartiméus, in a project called WhatsApp and the project won the expert jury award given by ONVZ Care-provider. In 2016 the serious game 'Stop bullying now!' was on the shortlist for the 2016 Award of the Dutch Association of Healthcare Providers for People with Disabilities (VGN Gehandicaptenzorgprijs). She is author and co-author of books and publishes articles on social relations and people with ID.

Trine Lise Bakken, born in 1958 in Norway, near Oslo. Education includes a



PhD on Schizophrenia in adults with intellectual disability and autism: behavioural indicators and examination of staff communication skills Also a Masters degree in health science, and psychiatric nursing. Additionally, I have studied the history of ideas, management etc. Current positions are head of a regional advisory unit for ID and mental health, at the Oslo University Hospital, and Associate Professor

at the Oslo and Akershus University College. I have previous experience of working in general psychiatric services, mainly in acute psychiatric wards. I have edited four books (in Norwegian) on different aspects of mental illness in adults with intellectual disability, and published about 40 scientific articles. Beside scientific tasks, I do some clinical work, mostly assessment of mental illness in adults with cognitive impairments.

Thank you for giving me the opportunity to join the board of the EAMHID. As a member of the board, I will work for the organization in Norway, and hopefully also in the other Scandinavian countries. Another focus will be multidisciplinary contributions during the congresses.

Snježana Sekušak-Galešev, PhD

I am a psychologist and Associate Professor at the Faculty of Education and Rehabilitation Sciences, University of Zagreb, currently in the position of Dean of the Faculty of Education and Rehabilitation Sciences. The focus of my research work is the bio-psycho-social characteristics of children with developmental difficulties, adolescents and adults with disabilities (especially with intellectual disabilities, ADHD, selective mutism, emotional disabilities, mental health problems), psycho-diagnostic procedures for vulnerable groups, forms of support – rehabilitation and play therapy, social inclusion and inclusion into regular education and training systems (kindergartens, primary and secondary schools, higher education). I teach at undergraduate and postgraduate levels at the Faculty of Education and Rehabilitation Sciences at the University of Zagreb, and lecture at other universities in Slovenia and Bosnia and Herzegovina as guest professor.

Since 1996 I have collaborated with prof.dr.sc. Anton Došen through my course regarding mental health problems in people with intellectual disabilities and in the co-creation of a new course: *Mental health of people with Intellectual Disabilities*. My collaboration with Anton Došen has continued through the International MATRA project (1999 – 2002., leader prof. dr. sc. Anton Došen) "Supporting the development of intellectually disabled services addressing clients, professionals, parents and policies in the Croatian society", through Summer Schools on "Mental Health of Persons with Intellectual Disabilities" , and on the organisational committee of the 6th European Mental Health Congress in Intellectual Disabilities "Mental Health, Human Rights and Community", held October 10 – 13, 2007. in Zagreb.

Much of my professional work is devoted to education of the community for the purpose of sensitising and accepting people with various disabilities in the social environment.

I have published a number of scientific and professional papers, have been a leader and associate in numerous scientific and professional projects, have

participated in many scientific and professional international and domestic conferences and have been a member (and president) of program and organisational boards of scientific and scientific-professional conferences.

In 2016, the Croatian Psychological Society awarded me "Marulić: Fiat Psychology" for a particularly valuable contribution to the development and promotion of applied psychology in Croatia for that year. I am one of the founders and vice-president of the Croatian Society for Mental Health of Persons with Intellectual Disabilities from its founding in 2010 in Zagreb.



Maria-Alba Cortina-Serra: a graduate in therapeutic pedagogy (University of Barcelona, 1985), Master in Treatment of disorders of speech, voice and hearing (Autonomous University of Barcelona, 1987), Master in Early care for disabled children (University of Barcelona, 1990) and Master in Social and public policies (Pompeu Fabra University, Barcelona, 1997). I spent the first years of my career working in occupational therapy services for disabled adults. Since 2000 I have been the director of special educational needs at Jeroni de Moragas school at the AMPANS Foundation in Manresa (Catalonia Midlands). The school has 235 disabled alumni (in its majority intellectual disabled from any aetiology) and 50 primary and specialised school teachers; I am involved in supporting them in defining educational aims and practices. During these years I have specialised in the management and treatment of behavioural disorders from an integrative view including not only educational and psychological skills but from the perspectives of mental health and quality of life. To reach this goal, the positive behavioural support model supplies several tools to manage behaviour disorders in special educational needs schools.

I have recently added an academic responsibility to my usual work. Currently, I am the coordinator of the postgraduate course in Mental illness and behavioural disorders taught by the International University of Catalonia in Sant Cugat del Vallès near to Barcelona. From this field, I am involved in organising the fourth Spanish national congress on behavioural disorders. Its 2019

edition (the fifth) will be organised together with the international congress of EAMHID scheduled to be held in Barcelona, and having the opportunity to join the board I will work to reach its scientific goals.

Dr. Pere Bonet Dalmau, licensed in Medicine, University of Barcelona, and specialist in Psychiatry at the Autonomous University of Barcelona. I have completed studies at Whitecroft Hospital (England) and Stanford University and San Francisco General Hospital (California).



From 1980, I have developed a clinical career, and from 1986, beyond the clinical field, planning and implementing a network of mental health and addiction services for the Central Catalan region. In 2004, I became Mental Health Director of Althaia Foundation, a University and Health care provider, with the goal of building bridges between mental health and other sectors, such as Intellectual disability and welfare resources, housing, leisure and work.

In the central Catalonia region we have set up the Mosaic Project, an entity which works between mental health and all the resources to fit the needs of the people with mental health disorders.

Since 2006 I have been a Member of the permanent Advisory Board of mental health and addictions at the Catalan Department of Health, Generalitat of Catalunya, and president of the board since 2012. In 2017 I became president of the Mental Health Catalonia Cluster, an association of 52 entities to build synergies to foster innovation in the fields of research, teaching, management and knowledge. My personal aim is the integration of social and health care for mental illness, going beyond the paradigm of the recovery model, promoting primarily the community inclusion of people with mental health and addiction problems.

I am Assistant Professor of Psychiatry in the Faculty of Medicina at the International University of Catalunya. For 4 years, I have led the Spanish Work Team, at ministerial level, fostering the inclusion of Mental Health Chronicity inside the wide concept of the General Chronicity, promoting the risk stratifi-

cation on the Mental Health sector. In addition enhancing the detection, and the following management of people with mental health disorders, from childhood to old age, including people with ID, addictions; building a framework for the physical health, social needs and resources involved, that helps to determine the complexity and to accompany the life project of the affected people and their families.



We welcome the new board members and give thanks to those who leave the board: **Carlo Schuengel** from the Netherlands, **Milivoj Kramaric** from Croatia (who is not on the picture), **Rosa Maria Neto** and **Carla Silva** from Portugal and **Marco Bertelli** from Italy. The picture was taken at the Board Meeting directly before the EAMHID Congress 2017.

Acknowledgement:

The Board of EAMHID would like to thank Julia Böhm for her assistance in the production of this edition of the newsletter. We thank the photography team of APEMH for the EAMHID congress pictures and the new board members for their portraits.



Promotion!

Promotion: Membership EAMHID 2018

Become a member of the EAMHID 2018, or renew your membership and receive online access to the Journal of Intellectual Disability Research (JIDR) and to the former articles of the JIDR!

Individual membership €85 Company membership €400.

Contact Herman Wouters (treasurer EAMHID):

herman.wouters@stichtingdelacroix.be



Hurry and take advantage of this special offer!

When you take up membership before February 2018 you are eligible to receive a **discount of 25%** on the following publications:

- ➔ The Diagnostic Manual – Intellectual Disability (DM-ID-2). A Textbook of Diagnosis of Mental Disorders in Persons with Intellectual Disability. Edited by R. Fletcher, J. Barnhill and Sally-Ann Cooper (NADD USA) 686 p. **\$101.25** (instead of \$135)
- ➔ The Dutch publication “Zelfverwonding” (Self-injurious behaviour) by B. Henderikse, Centrum voor Consultatie en Expertise (CCE), 356p. **€26,25** (instead of €35)



Who we are

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<https://www.facebook.com/EAMHID/?fref=ts>



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