

Curriculum Vitae

Personal Details

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Personal Profile

Psychiatrist and Psychotherapist

Specialized in the diagnosis and treatment of challenging behavior and psychiatric disorders in persons with intellectual and developmental disabilities (IDD)

Over eleven years of experience in the field treating several hundred patients with IDD a year

Special focus on socio-emotional development (SEO) and its implications for adapting environments to the needs of people with IDD

Expertise in adapting psychotherapeutic approaches such as operant conditioning and Dialectical Behavior Therapy (DBT) for persons with IDD

Dedicated to further educate health care professionals in the field of IDD

Politically engaged in improving conditions for social integration and participation of people with IDD

Current Appointments

Deputy Head of the Department of Psychiatry and Psychotherapy, St. Lukas Klinik, specialized clinic for people with IDD, Stiftung Liebenau, Germany

On-site consultant psychiatrist and psychotherapist to numerous service providers for persons with IDD and mental health problems

Associate professor for psychiatric aspects in clinical Orthopedagogy, Catholic University Freiburg, Germany

Lecturer of post-graduate courses for Psychiatry and Psychotherapy in IDD at the academy of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN)

Lecturer of post-graduate and advanced training courses for Psychiatry and Psychotherapy in IDD at the Chamber of Psychotherapists, the Diaconal Institute for Social Professions, at Caritas as well as the academies Schönbrunn and Liebenau

Court appointed expert for psychiatric issues in IDD

Membership and Offices in Professional Societies

Executive Board member and IT-Officer of the European Association for Mental Health in Intellectual Disability (EAMHID)

Co-Chair of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) – Section Psychiatry in Intellectual Disability

Executive Board member and Treasurer of the German Association for Mental Health in Intellectual Disability (DGSGB)

Founding member of the Network of Europeans on Emotional Development (NEED)
Founding member of the German Coalition for Research and Action on Social Participation of Individuals with Disabilities
Member of the German Association of Executive Physicians in Psychiatry and Psychotherapy (BDK) – Section Intellectual Disability
Member of the German Society for Drug Safety in Psychiatry (AMSP) – Section Intellectual Disability

Former Appointments and Education

Consultant psychiatrist and psychotherapist at the treatment center for people with intellectual disabilities and psychiatric comorbidity (BHZ), Evangelisches Krankenhaus Königin Elisabeth Herzberge (KEH), Berlin, Germany
Psychotherapist at the Institute for Behavioral Therapy (IVB), Berlin, Germany
Senior resident at the Department of Psychiatry, Psychotherapy and Psychosomatics, Evangelisches Krankenhaus Königin Elisabeth Herzberge (KEH), Berlin, Germany
Resident at the Department of Neurology, Kliniken Beelitz-Heilstätten, Beelitz, Germany
Resident at the Department of Psychiatry and Psychotherapy, Nervenlinik Spandau, Berlin, Germany
Dissertation at the Department of Child- and Adolescent Psychiatry and Psychotherapy, Albert-Ludwigs-University, Freiburg, Germany
Medical School at Albert-Ludwigs-University, Freiburg, Germany
High school graduation from Gymnasium am Hoptbühl, Villingen, Germany

Selected National and International Presentations

05/18 4th Annual NEED Symposium, Ravensburg, Germany
10/17 17th World Congress of the World Psychiatric Association (WPA), Berlin, Germany
09/17 11th European Congress of Mental Health in Intellectual Disability (EAMHID), Luxembourg
11/16 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
12/15 Conference of the German Association for Mental Health in Intellectual Disability (DGSGB), Kassel, Germany
11/15 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
09/15 10th European Congress of Mental Health in Intellectual Disability (EAMHID), Florence, Italy
11/14 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
03/14 Symposium on IDD, Psychiatric Services Aargau (PDAG), Aarau, Switzerland
01/14 Book presentation of the English Manual of DBT-ID, Wuppertal, Germany
09/13 9th European Congress of Mental Health in Intellectual Disability (EAMHID), Estoril, Portugal
03/13 Conference on Emotional Development in IDD, St. Lukas Clinic, Liebenau, Germany
03/13 Launch of the German-speaking Internet-Forum on Emotional Development in IDD (www.seo-gb.net)
03/13 Conference of the German Association for Mental Health in Intellectual Disability (DGSGB), Kassel, Germany
11/12 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
11/12 7th Conference on IDD, City of Berlin, Berlin, Germany
11/12 2nd Conference on IDD, Caritas, Stuttgart, Germany

- 09/12 Book presentation of the German Manual of DBT-ID (DBToP-gB), Bielefeld, Germany
- 03/11 Conference of the German Association for Mental Health in Intellectual Disability (DGSGB), Kassel, Germany
- 07/10 1st International Congress on Borderline Personality Disorder, Berlin, Germany
- 07/10 13th Annual Meeting of the European Association for Consultation-Liaison Psychiatry and Psychosomatics (EACLPP), Innsbruck, Austria, (1st poster-prize)
- 03/10 19th Conference on Rehabilitation, German Federal Pension Fund, Leipzig, Germany
- 09/09 7th European Congress of Mental Health in Intellectual Disability (EAMHID), Amsterdam, Netherlands
- 05/09 Conference of the German Association of Physicians for Individuals with Intellectual or Multiple Disabilities (BAG), Potsdam, Germany