

CURRICULUM VITAE - Dr Jane McCarthy

Current Appointments:

Consultant Psychiatrist in Intellectual Disability, Secure Services for People with Intellectual Disability, East London NHS Foundation Trust, John Howard Centre, Hackney, London, E9 5TD from January 2014 onwards

Visiting Senior Lecturer, Department of Forensic and Neurodevelopmental Sciences, Institute of Psychiatry, Psychology & Neuroscience, King's College London from 2011 onwards

Honorary Senior Lecturer, Division of Psychiatry, University College London from 2012 onwards

Medical Qualifications:

1982 **MB ChB** – Bachelor of Medicine, Bachelor of Surgery, University of Leeds

1987 **MRCGP** – Membership of the Royal College of General Practitioners

1991 **MRCPsych** – Membership of the Royal College of Psychiatrists

2005 **MD** – Doctor of Medicine, University of London

2008 **FRCPsych** – Fellow of the Royal College of Psychiatrists

Professional Registration:

General Medical Council: Registered with a licence to practise Registration Number: 2576631
Speciality: Psychiatry of Learning Disability

Summary of Clinical Experience:

I have over 20 years of experience as a Consultant Psychiatrist working with people with intellectual disabilities and autism spectrum disorders presenting with psychiatric disorder across a number of services. I have developed a number of innovative community services for children, adolescents and adults with intellectual disabilities which have been cost-effective and patient centred by reducing the movement of patients to expensive out of area placements as reported in a peer reviewed journal.

National Work

Royal College of Psychiatrists

2012 – 2016: Elected Vice Chair for the Psychiatry of Intellectual Disability Faculty of the Royal College of Psychiatrists, United Kingdom. In this role, I have been active in developing and writing two key Faculty documents titled:

People with learning disability and mental health, behavioural or forensic problems: the role of in-patient services. Faculty Report 03. July 2013. www.rcpsych.ac.uk

Community-based services for people with intellectual disability and mental health problems. Faculty Report 06. April 2014. www.rcpsych.ac.uk

14 June 2016

Department of Health, England (2009 – 2010)

Clinical Advisor for Adults with Autism in Department of Health. I was the clinical lead for developing the national strategy for adults with autism titled '**Fulfilling and rewarding lives: the strategy for adults with autism in England**' which was launched in March 2010.

Editorial work: 2007 onwards

Editor of a specialist journal from 2007 to 2012 titled '*Advances in Mental Health and Intellectual Disabilities*' which provides a synthesis of the evidence base and policy for both clinicians and researchers. Co-Editor of a new journal since 2015 titled '*Advances in Autism: International outcomes in education, health and care*'.

International Work:

International Association for Scientific Study of Intellectual and Developmental Disabilities (IASSIDD). 2012 - 2016: Chair of Mental Health & Challenging Behaviour Special Interest Research Group (SIRG) and Council member of IASSIDD. This is the largest global professional research network dedicated to the study of intellectual and developmental disabilities. To date have organised a number of symposia, roundtables and workshops for IASSIDD at conferences in Asia, North America and Europe with a strong focus on addressing health needs and outcomes for example on '*People with Intellectual Disabilities as Suspects and Offenders*' and '*Mental Health needs of adults with autism spectrum conditions*'.

European Association for Mental Health in Intellectual Disability

2007 – 2013: Secretary to European Association for Mental Health in Intellectual Disability. My main task was in arranging three European international conferences every two years from 2007 to 2013 in Amsterdam, Manchester and Lisbon. These conferences were very successful with over 500 delegates attending.

European Psychiatric Association (EPA).

2014 onwards: First Chair and Founder Committee member of the Mental Health in Intellectual Disability Section of European Psychiatric Association (EPA). Organised the first ever presentations on intellectual disabilities at the EPA annual congress in 2014

Research Experience:

My key research interests are in the health needs of people with intellectual disabilities across the lifespan including those with autism spectrum disorders and secondly the quality of mental health care provided to this group of patients. Specifically have been looking at how ethnicity, gender and the delivery of care pathways for prisoners influence health outcomes for people with intellectual disabilities. Also supported research into the evaluation of measurement tools of challenging behaviour, guided self-health interventions and forensic risk assessment tools for people with intellectual disabilities.

Challenging behaviour and co-morbid psychopathology in adults with intellectual disability and Autism Spectrum Disorders. **McCarthy J**, Hemmings C, Kravariti E, Dworzynski K, Holt G, Bouras N & Tsakanikos E. (2010). *Research in Developmental Disabilities*. 31, 362 - 366.

Textbook:

Handbook of Psychopathology in Adults with Developmental and Intellectual Disability: Research, Policy and Practice. (2014). Editors: E Tsakanikos and **J McCarthy**. New York, NY: Springer Science.