

# CURRICULUM VITAE

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CARLOS PEÑA SALAZAR, MD, PhD, PGDIP

18.04.2023

## 1. PERSONAL DATA:

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Surname: PEÑA SALAZAR  
ID/Passport: 71881643L

Name: CARLOS  
Date of birth: 17/01/1984

Nationality: Spanish

Sex: M

E-mail: [carlosmanuel.pena@sjd.es](mailto:carlosmanuel.pena@sjd.es) / [drsalazar84@hotmail.com](mailto:drsalazar84@hotmail.com)

Twitter: @drpenasalazar



### ACTUAL PROFESSIONAL SITUATION

Professional category: Attending psychiatrist and neurologist

Organism: PARC SANITARI SANT JOAN DE DÉU

Dept.: 1) Department of Mental Health and Intellectual Disability 2) Neurology Department.

Business Address: Dr. Pujadas 42, 08830 Barcelona (Spain)

Tel: (+34) 936 406 350. E-mail: [c.pena@pssjd.org](mailto:c.pena@pssjd.org) / [drsalazar84@hotmail.com](mailto:drsalazar84@hotmail.com)

Professional category: Lecturer on Mental Health and Intellectual Disability in the Master's Programme of University of Extremadura

Organism: University of Extremadura

Business Address: Plaza de Caldereros, Edificio Rectorado. 10003, Cáceres (Spain)

Dept.: Department of Psychology and Anthropology

### PREVIOUS PROFESSIONAL SITUATION

Organism: Hegau Bodensee Klinikum Singen (Clinical Hospital Hegau Bodensee), Singen, Germany. Prof. Dr. K. Klöttsch.

From 01/02/2016 – to 01/08/2018

Professional position: Resident program in neurology

Department: Department of Neurology

Organism: Zentrum für Psychiatrie Südwürttemberg (Psychiatric Center Südwürttemberg). Epilepsy Center Bodensee, Ravensburg, Germany. (Dr. med. H. Baier)

From 01/06/2014 – to 01/02/2016

Professional position: Resident program in Neurology. Junior Attending in Psychiatry

Department: Department of Epilepsy and Intellectual Disability.

Organism: University Hospital of Vic, Barcelona, Spain. (Associated Prof. Dr. Arrufat Nebot)

From 15/05/2010 – to 15/05/2014

Professional position: Resident program in Psychiatry

Department: Department of Mental Health

## 2. EDUCATION/CERTIFICATION:

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### BARCHELOR DEGREES

- 2003-2009    Medical School  
UNIVERSITY OF OVIEDO, Spain  
Jan 2010- MIR Board (Spanish Medical Board Examination)  
Validation German medical Board (Approbation als Arzt, Ärztekammer Reutlingen, Germany). April 2014
- 2012-2013    Postgraduate in mental health in people with intellectual disabilities,  
INTERNATIONAL UNIVERSITY OF CATALONIA (UIC), Barcelona, Spain
- 2012-2017    PhD in Health, Wellbeing and Quality of Life program. **European Mention.**  
UNIVERSITY OF VIC / CENTRAL UNIVERSITY OF CATALUNYA (Barcelona, Spain)  
Dissertation: 21<sup>th</sup> September 2017. **Excellent cum Laude**  
Title: "Underdiagnosis of psychiatric disorders in people with intellectual disability. Relationship between psychiatric disorders and challenging behaviour"

### MEDICAL CAREER

- May 2014    SPANISH BOARD IN PSYCHIATRY  
Validation German Board in Psychiatry and Psychotherapy ("Facharzt in Psychiatrie und Psychotherapie"). Ärztekammer Reutlingen, april 2014  
Validation Swiss Board in Psychiatry, MEBEKO, July 2016
- Aug 2016    BOARD IN ELECTROENCEPHALOGRAPHY (*EEG Zertifikat*),  
Institution: Neurophysiology German Association (Germany)
- Sept. 2018    GERMAN BOARD IN NEUROLOGY (Facharzt in Neurologie).  
Institution: Ärztekammer Südbaden, Freiburg (Germany)
- Febr. 2019    Recognition of Spanish Board in Neurology  
Institution: Spanish ministry of education

### 3. TEACHING:

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#### UNIVERSITY ACTIVITIES:

2012-2014 ASSOCIATED PROFESSOR

Institution: University of Vic / Central University of Catalonia

Department: Department of occupational therapy. Department of social work

From 2014 LECTURER of a Master on Mental Health and Intellectual Disability.

Institution: University of Extremadura

Department: Department of psychology and anthropology

Hours/credits: 60 credits/year

Since 2020: ANECA accreditation for assistant professor (Agencia Nacional de Evaluación de la Calidad y Acreditación- The National Agency for Quality Assessment and Accreditation of Spain)

#### DOCTORAL THESIS / END OF MASTER'S PROJECT DIRECTION

Since 2021 **Doctoral thesis:** Traducción y validación de la escala Reiss para el diagnóstico del trastorno Dual en niños y adolescentes. (Translation and validation of Reiss's scale for the diagnose in children and adolescents with intellectual disabilities) Arantxa García Ramos.

10/2020 **End of Master's Project:** Pautas modificables para mejorar el sueño nocturno en niños y adolescentes con síndrome de Down. (Changeable patterns to improve the quality of night's sleep in children and adolescents with Down Syndrome). Dra. Cristina Villar Vera.

10/2020 **End of Master's Project:** Ansiedad en persona con TEA y Discapacidad intelectual. Anxiety in person with autism and intelectual disability) Maria Teresa Delgado Perón.

11/2021 **End of Master's Project:** Una perspectiva sobre la investigación del Síndrome de Rett. A propósito de un caso. (A new research approach of Rett Syndrome. A clinical case) Sergio Díaz Sánchez.

## EXAMINER FOR DOCTORAL THESIS (Ph.D)

11/2021      Doctoral Thesis: Trauma infantil, esquizofrenia y disociación: bases del constructo (Childhood Trauma, schizophrenia and dissociation: construct's bases). Maria José Rodríguez Alonso.

## FEATURED COURSES (AS MAIN LECTURER):

Nov. 2015:      Salud mental en las personas con discapacidad intelectual y trastornos del desarrollo (Mental health in people with intellectual disability and other neurodevelopmental disorders)

Institution:      Plena Inclusion Extremadura  
Place:              Mérida (Extremadura), Spain  
Course length:    20 hours

May. 2016:      Psiquiatría y salud mental en personas con Discapacidad intelectual. Diagnóstico y tratamiento. (Mental health in people with intellectual disability. Diagnostic and treatment)

Institution:      Parc Sanitari Sant Joan de Déu  
Place:              Barcelona, Spain  
Course length:    16 hours

Jun. 2017:      Influencia de la epilepsia resistente a tratamiento en las alteraciones de conducta y en la calidad de vida de las personas con discapacidad intelectual. (Influence of resistant's epilepsy in problems behaviors and quality of life in people with intellectual disability.

Institution:      Universidad Menendez Pelayo  
Place:              Santander, Spain  
Course length:    2.5 hours  
Website:          [http://www.uimp.es/agenda-link.html?id\\_actividad=63IM&anyaca=2017-18](http://www.uimp.es/agenda-link.html?id_actividad=63IM&anyaca=2017-18)

Jan. 2018:      Salut mental i discapacitat intel·lectual. Actualització en avaluació i intervencions. (Mental Health and Intellectual disability. Up date in diagnostic and interventions.

Institution:      Aulaparc.  
Place:              Igualada (Barcelona), Spain  
Course length:    5 hours

Feb. 2018:      Salud mental y alteración de conducta en las personas con discapacidad intelectual desde una perspectiva de la calidad de vida (Mental health and challenging behaviour in people with intellectual disability. A quality of life's perspective.

Institution:      Plena Inclusión Extremadura  
Place:              Mérida (Extremadura), Spain  
Course length:    14 hours

- May. 2018: Salud mental y alteración de conducta en las personas con discapacidad intelectual desde una perspectiva de la calidad de vida. (Mental health and challenging behaviour in people with intellectual disability. A quality of life's perspective.)
- Institution: Educational college of Asturias.  
 Place: Avilés (Asturias), Spain  
 Course length: 3 hours  
 Website: <http://www.cpravilesoccidente.es/2018/05/unidad-formativa-salud-mental-y.html>  
[http://proyectoscprgijon.es/gestoraviles/admin/lis\\_diptico.php?id=5414](http://proyectoscprgijon.es/gestoraviles/admin/lis_diptico.php?id=5414)
- Nov. 2018: Mental health in people with intellectual disability and other neurodevelopmental disorders. Action plan for people with intellectual disability and comorbid mental disorders)
- Place: Extremadura, Spain  
 Institution: Social-Sanitary Center of Plasencia  
 Course length: 8 hours
- Nov. 2018: Influencia de la epilepsia resistente a tratamiento en las alteraciones de conducta y en la calidad de vida de las personas con discapacidad intelectual (Influence of epilepsy in the treatment of problem behaviours and in the quality of life in people with intellectual disability)
- Institution: University Hospital "La Princesa"  
 Place: Madrid, Spain  
 Course length: 6 hours  
 Website: <https://plenainclusionmadrid.org/noticias/la-epilepsia-en-el-foco-del-grupo-de-salud-mental-de-plena-inclusion-madrid/>
- March. 2019: La epilepsia y los trastornos psiquiátricos en la población con discapacidad intelectual. (Epilepsy and mental disorders in people with intellectual disability)
- Institution: University Hospital "La Princesa"  
 Place: Madrid, Spain  
 Course length: 4,5 hours  
 Website: <https://plenainclusionmadrid.org/noticias/la-epilepsia-es-la-patologia-medica-mas-prevalente-en-las-personas-con-discapacidad-intelectual/>
- Oct. 2019: Epilepsia y trastorno del espectro autista (Epilepsy and autism spectrum disorders)
- Institution: Asociación Pauta  
 Place: Madrid, Spain  
 Course length: 4 hours

- Feb. 2020: Taller sobre epilepsia en discapacidad intelectual. Casos clínicos.  
Workshop about epilepsy and intellectual disability. Clinical cases.  
Institution: Faculty of education and social work. University of Valladolid  
Place: Valladolid, Spain  
Course length: 2 hours
- Sept. 2020: Evaluación psicopatológica en discapacidad intelectual. Modelo Multimodal (Psicopathological evaluation in intellectual disability. Multimodal model).  
Institution: Consejería de sanidad de Castilla la Mancha (SESCAM). Virtual. (Castilla La Mancha Health Ministry). On line  
Course length: 8 hours
- Oct. 2020: Epilepsia, psiquiatría y discapacidad intelectual. Curso para facultativos sanitarios. (Epilepsy, psychiatry and intellectual disability). Course for medical doctors.  
Institution: Parc Sanitari Sant Joan de Déu. On line  
Course length: 5 hours
- Oct. 2020: Epilepsia, psiquiatría y discapacidad intelectual. Curso para personal asistencial. (Epilepsy, psychiatry and intellectual disability). Course for medical care givers  
Institution: Parc Sanitari Sant Joan de Déu. On line  
Course length: 5 hours
- Oct. 2020: Espectro autista en adultos. Neurobiología, diagnóstico y tratamiento (Autism spectrum disorder in adults. Neurobiology, diagnostic and treatment)  
Institution: Parc Sanitari Sant Joan de Déu. On line  
Course length: 2,5 hours
- Feb 2021 Epilepsia on line (On line epilepsy)  
Institution: Aula Parc. Ave María. On line  
Course length: 5 hours
- Feb. 2021 Experto universitario en atención de pacientes en hospitalización psiquiátrica breve. Sección salud mental y discapacidad intelectual (University expert in the care of psychiatric inpatients. Chapter: Intellectual disability and mental health).  
Institution: Editorial Médica Panamericana. Universidad Católica de Murcia. Spain. On-line  
Course length: 3 hours

Feb. 2021:	Espectro autista en adultos. Neurobiología, diagnóstico y tratamiento II edition. (Autism spectrum disorder in adults. Neurobiology, diagnostic and treatment. II edition.
Institution:	Parc Sanitari Sant Joan de Déu. On line
Course length:	2,5 hours
Oct. 2021	Epilepsia, psiquiatría y discapacidad intelectual (Epilepsy, psychiatry and intellectual disability).
Institution:	Institution: Aula Parc. APADIS. On line
Course length:	5 hours
Jan. 2022	Curso sobre Discapacidad Intelectual y Salud Mental: Prácticas éticas, contención cero (Course about intellectual disability and Mental Health. Ethical practics without restraints)
Institution:	Aula Parc. Fundació Aspros (Lleida)
Course length:	12h
May. 2022	Espectro autista en adultos. Neurobiología, diagnóstico y tratamiento II edition. (Autism spectrum disorder in adults. Neurobiology, diagnostic and treatment. III edition.
Institution:	Hospital de Mollet
Course length:	2,5 hours
04-11. 2022	Evaluación y tratamiento de personas con Discapacidad Intelectual y problemas de Salud Mental. Abordaje práctico” (Assessment and treatment of people with mental disorders and intellectual disability. Practical approach)
Institution:	Instituto de Ciencias de la Salud Talavera de la Reina (Castilla La Mancha).
Course length:	12h
Mar. 2023	Curso sobre Discapacidad Intelectual y Salud Mental: Prácticas éticas, contención cero. (Course about intellectual disability and Mental Health. Ethical practics without restraints)
Institution:	Aula Parc. Fundació Vallparadís. Can Serra. (Hospitalet de Llobregat)
Course length:	12h
04-11. 2023	II edición. Evaluación y tratamiento de personas con Discapacidad Intelectual y problemas de Salud Mental. Abordaje práctico” (2nd Edition. Assessment and treatment of people with mental disorders and intellectual disability. Practical approach)
Institution:	Instituto de Ciencias de la Salud Talavera de la Reina (Castilla La Mancha).
Course length:	12h



#### 4. ACADEMIC WORK:

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##### BOOKS:

Simó Salvador, **Peña-Salazar Carlos**, Arrufat Francesc. „Suicidio y Vida. Historias de vida de personas con antecedentes de tentativas autolíticas “ (Life and suicide. Life stories in people with history of suicide attempts) 1ª Ed. Barcelona. Círculo Rojo.2015. 266p.

##### BOOK CHAPTERS:

Atala-Riffo, Jorge & **Peña-Salazar, Carlos**. El paciente con discapacidad intelectual. (The patient with intellectual disability). Hospitalización psiquiátrica breve. pp 175-192. Editorial Panamericana. 2018.

Flemming, Sandra & **Peña-Salazar, Carlos**. Intellectual Disability and Mental Health and Mental Disorders. Fundamentals of Intellectual Disability: Health and Social Care Across the Lifespan (Submitted). 12/ 2022

##### PUBLICATIONS (peer-reviewed):

- **Peña-Salazar C**, Cendrós P, Escoté S, Romero T, García-Barrionuevo J, Roura P, Arrufat F. "Capgras Syndrome With Left Hemisphere Neurological Damage. J Neuropsychiatry Clin Neurosci. 2014 Fall;26(4):E23-4. doi: 10.1176/appi.neuropsych.13100276. **IF: 1,84 Q1**
- Alvarez MJ, Masramon H, **Peña C**, Pont M, Gourdier C, Roura-Poch P, Arrufat F. "Cumulative Effects of Childhood Traumas: Polytraumatization, Dissociation, and Schizophrenia".Community Ment Health J. 2014 Jul 15. [Epub ahead of print] **IF: 1,15 Q2**
- **C. Peña-Salazar**, F. X Arrufat Nebot, M.J Álvarez, H. Masramón Fontseré, M Coll-Negre, J. Valdés-Stauber. Do concepts of childhood trauma and dissociation provide an epistemological linkage between schizophrenia and PTSD? Nervenheilkunde 2016 35 4: 242-251 **IF: 0,17 Q4**
- **Peña-Salazar, C**, Arrufat-Nebot, F, Fontanet, A, García-León, N, Más, S, Roura-Poch, P, Santós-López, J. El infradiagnóstico del trastorno mental en la población con discapacidad intelectual: estudio de prevalencia en población con diferentes grados de discapacidad intelectual. Siglo Cero. Revista Española sobre Discapacidad Intelectual. 15 Sep 2017, 48(3): 27-39. **Q3**

- **Carlos Peña-Salazar**, Francesc Arrufat, Josep Manel Santos, Ramón Novell, Juan Valdés-Stauber. Psychopathology in Borderline Intellectual Functioning: A narrative Review. *Adv Ment Health Intellect Disabil* .2017.**Q3**
- **Carlos Peña-Salazar**, Francesc Arrufat, Abel Fontanet, Josep Font, Silvia Mas, Pere Roura-Poch, and Josep Manel Santos. The role of mental health and challenging behaviour in the quality of life in people with intellectual disabilities . *Adv Ment Health Intellect Disabil*.2017. **Q3**
- **Peña-Salazar C**, Arrufat F, Santos JM, Fontanet A, González-Castro G, Más S, Roura-Poch P, Valdés-Stauber J. Underdiagnosis of psychiatric disorders in people with intellectual disabilities: Differences between psychiatric disorders and challenging behaviour. *J Intellect Disabil*. 2018 Sep 5:1744629518798259. doi:10.1177/1744629518798259. [Epub ahead of print]. **IF: 2.049 Q2**
- **Peña-Salazar, C.**, Simó Algado, S., Pons i Baños, J., Arrufat, F. X., & Valdés-Stauber, J. (2019). Life Trajectories of Suicide Attempt Survivors. *Journal of Humanistic Psychology*. <https://doi.org/10.1177/0022167819847100>. **IF: 1,59 Q1**
- **Peña-Salazar, C.**; Erben,T.; Klötzsch C. Psychosis as initial symptom of an autoimmune encephalitis with negative antibodies. (2019). *Revista de psiquiatría y salud mental*. (In Press) **IF: 2,9 Q2**
- **Peña-Salazar, C.**, Kazah, N. Pica disorder as a symptom of depression in a patient with bipolar disorder and intellectual disability. *Actas españolas de psiquiatría*. 2019 (In Press) **IF: 1,47 Q3**
- **Peña-Salazar, Carlos**, López Cuiña, M, Chavarría, V, Robles-Olmo, B. Convulsive status epilepticus as a possible symptom of COVID 19 infection in a patient with intellectual disability and autism spectrum disorder. *Neurología*. 07.2020 (In Press) **IF: 2,28 Q2**
- **Carlos Peña-Salazar**, Francesc Arrufat, Josep-Manel Santos López, Abel Fontanet, Pere Roura-Poch, Montserrat Gil-Girbau, Cristina Carbonell-Ducastella & Antoni Serrano-Blanco (2022) Intellectual Disability, Autism Spectrum Disorders, Psychiatric Comorbidities and Their Relationship with Challenging Behavior, *Journal of Mental Health Research in Intellectual Disabilities*, DOI: 10.1080/19315864.2022.2029641 **IF: 2,58 Q2**
- **Peña-Salazar C**, Alfonso-Ramos M, Arroyo-Urriarte P, Serrano-Blanco A, Aznar-Lou I. Is epilepsy related to psychiatric disorders in people with intellectual disability? A systematic review. *J Intellect Disabil*. 2022 Aug 4:17446295221116506. doi: 10.1177/17446295221116506. . **IF: 1,55 Q2**
- F. Sheerin, S. Angel Buil, J. Duran, D. Ferrer, E. Foden, E. McCann, W. Paans, G. Mpundu, **C. Peña-Salazar**, McCallion, P., S. Fleming. The SOOTHE eQuilt of Mental Health and Wellbeing (Submitted)

- Victor Chavarria, Maria Rubio-Valera, Joan Doménech Abella, Luisa Baladón Higuera, Isabel Mateu, Jorge Arias de la Torre, Joan Alvarós Costa, **Carlos Peña- Salazar**, Antoni Serrano-Blanco. Factors related to patient satisfaction of telemental health during sars-cov-2 pandemic (Submitted)

Details: [https://www.researchgate.net/profile/Carlos\\_Pena\\_Salazar](https://www.researchgate.net/profile/Carlos_Pena_Salazar)

## PARTICIPATION IN RESEARCH PROJECTS

2019-2020 TITLE: “First response to mental health concerns in mild and older age people with intellectual disabilities. SOOTHE”. Supported by EIT Health. Project number: 20418. Foundation: 105.233 Euro. To more details see <https://eithealth.eu/project/soothe/>

Principal investigator: Prof. Fintan Sheerin (Trinity College Dublin)

2020: TITLE: “Low-grade chronic inflammation and intestinal dysbiosis in autism spectrum disorder and intellectual disability: Relation with adaptive functioning and clinical severity”

Principal investigator: Dr. B. Arranz / Dr. C. Peña-Salazar (Parc Sanitari Sant Joan de Déu), Barcelona, Spain.

2022-2023 TITLE: “Ensayo clínico aleatorizado, multicéntrico para evaluar la eficacia y seguridad de clozapina vs tratamiento de práctica clínica habitual en psicosis resistente a tratamiento en personas adolescentes y adultos jóvenes con discapacidad intelectual (Randomized, multicenter clinical trial to evaluate the efficacy and safety of clozapine vs. standard clinical practice treatment for treatment-resistant psychosis in adolescents and young adults with intellectual disabilities). CÓDIGO: CLOZ-AID. Nº EUDRACT: 2020-000091-37

Principal investigator: Prof. Dr. Benedicto Crespo-Facorro (Hospital Universitario Virgen del Rocío)

2022-2023 TITLE: Características genoespecíficas de la comorbilidad somática y neurológica en pacientes adultos con discapacidad intelectual y trastornos psiquiátricos asociados. (Genospecific characteristics of somatic and neurological comorbidity in adult patients with intellectual disability and associated psychiatric disorders) Funding: 5000 euros.

Principal investigator: Dr. C. Peña-Salazar (Parc Sanitari Sant Joan de Déu) Barcelona, Spain.

2022-2023 TITLE: Traducción, adaptación y validación de la escala RFQ "The Reflective Functioning Questionnaire (RFQ) for people with mild to borderline intellectual disabilities (MBID)" a la lengua castellana. Búsqueda de posibles relaciones con el nivel de desarrollo emocional, utilizando la versión castellana de la escala SED-S. (Translation, adaptation and validation of the RFQ scale "The Reflective Functioning Questionnaire (RFQ) for people with mild to borderline intellectual disabilities (MBID)" in to Spanish. Search for possible relationships with the level of emotional development, using the Spanish version of the SED-S scale.

Principal investigator: Prof. Dr. Paula Sterkenburg (Vrije Universiteit Amsterdam, Netherlands) Dr. C. Peña-Salazar (Parc Sanitari Sant Joan de Déu) Barcelona, Spain.

2023-2025 TITLE: PI22/00107 "Hacia la prevención personalizada del suicidio: mejorar la evaluación del riesgo clínico y la asignación del tratamiento indicado entre los pacientes con riesgo de suicidio (RECIPROC)" (Towards personalized suicide prevention: improving clinical risk assessment and appropriate treatment assignment among patients at risk of suicide)

Principal investigator: Dr. Philippe Mortier (FUNDACION INSTITUTO HOSPITAL DEL MAR DE INVESTIGACIONES MEDICAS (FIMIM

#### **GRANTS AND INVESTIGATION AWARDS:**

Jan 2014 "GRANT OF THE SPANISH PSYCHIATRIC FOUNDATION" to the best clinical internship abroad during psychiatry residency. Madrid. 2014.

Funding: 3000 €

Oct 2021 "GRANT OF PARC SANITARI SANT JOAN DE DÉU" Beca Parc Sanitari Sant Joan de Déu. Peña-Salazar, C; Alfonso, M; Angel, S; Serrano, M; Elias, N. Características genoespecíficas de la comorbilidad somática y neurológica en pacientes adultos con discapacidad intelectual y trastornos psiquiátricos asociados.

(Genospecific characteristics of somatic and neurological comorbidity in adult patients with intellectual disability and associated psychiatric disorders)

Funding: 5000

## LECTURES/ SCIENTIFIC TALKS (only as speaker)

- June 2012: Trauma infantil, psicosis y disociación (Childhood trauma, Psychosis and dissociation)  
Authors: **C. Peña-Salazar**, M Álvarez, H Masramón, C. Gourdier, P. Roura- Poch, FJ Arrufat  
Type: Lecture  
Place: Barcelona, Spain  
Congress: Jornada Cloenda. Societat Catalana de Psiquiatria i Salut Mental
- June 2012: Response to assertive community treatment and clozapine in a group of patients affected by treatment-resistant schizophrenia.  
Authors: **C. Peña-Salazar**, J. Pons Baños, M.J Álvarez Alonso, JM Santos López, G Clos Busquets, FJ Arrufat Nebot  
Type: Lecture  
Place: Avilés (Asturias), Spain  
Congress: 9º Simposio nacional sobre tratamiento asertivo comunitario en salud mental (9º National Congress of assertive community treatment-resistant schizophrenia)
- Feb 2013: Schizophrenia and tobacco  
Authors: **C. Peña-Salazar**  
Type: Lecture  
Place: Barcelona, Spain  
Congress: Societat catalana de Psiquiatria i Salut Mental
- Nov 2013: Mental disorders in people with borderline intellectual functioning  
Authors: **C. Peña-Salazar**  
Type: Lecture  
Place: Mérida (Extremadura), Spain  
Congress: X Seminario sobre salud mental en las personas con discapacidad intelectual (X Congress about mental health in people with intellectual disabilities)
- Oct 2014: Mental and physical health in people with borderline intellectual functioning  
Authors: **C. Peña-Salazar**  
Type: Lecture  
Place: Badajoz (Extremadura). Universidad of Extremadura  
Congress: I Jornadas sobre personas con funcionamiento intelectual límite (I Conference about borderline intellectual functioning)

Sept 2015: Psychopathology in Population with intellectual disabilities  
Authors: **Peña-Salazar, C**, Roura-Poch P, Fontanet A, Novell-Alsina R, Arrufat FX.  
Type: Symposium  
Place: Florencia (Italy)  
Congress: 10<sup>th</sup> International Congress European Association for mental Health in Intellectual disability

May 2016: Epilepsia, psiquiatría y discapacidad intelectual. Un modelo alemán. (Epilepsy, mental health and intellectual disability. A german model)

Authors: **C. Peña-Salazar**  
Type: Lecture  
Place: Madrid (University hospital "La Princesa"), Spain  
Congress: Conference about intellectual disability and mental health

Oct 2016: Situation of intellectual disability medicine in Spain.  
Authors: **C. Peña-Salazar**, R. Novell, F. Arrufat:  
Type: Lecture  
Place: Kork (Epilepsiezentrum Kork) (Germany)  
Congress: International Scientific Symposium on Syndromic Autism, Ethics in intellectual disability.

Junio 2017: Influencia de la epilepsia resistente a tratamiento en las alteraciones de conducta y en la calidad de vida de las personas con discapacidad intelectual. (Influence of treatment-resistant epilepsy on behavior disorders and the quality of life of people with intellectual disabilities)

Authors: **C. Peña-Salazar**, J. Valdés-Stauber  
Type: Lecture  
Place: Universidad Internacional Menéndez Pelayo (Santander)  
Congress: IV Encuentro sobre personas con discapacidad

Feb. 2018: La enfermedad mental en la población con discapacidad intelectual. Un vistazo a la psicopatología en el funcionamiento intelectual límite. (Mental illness in the population with intellectual disability and in people with borderline intellectual functioning)

Authors: **Peña-Salazar, Carlos**  
Type: Lecture  
Place: University Hospital Río Ortega (Valladolid), Spain

Congress: 1st International about mental disorders in people with intellectual disabilities  
Website: [www.plenainclusioncyl.org/uploads/download\\_1515748870.pdf](http://www.plenainclusioncyl.org/uploads/download_1515748870.pdf)

Feb. 2018: Intellectual disability in Germany  
Authors: **Peña-Salazar, Carlos**  
Type: Lecture  
Place: University Hospital Río Ortega (Valladolid), Spain  
Congress: 1st International about mental disorders in people with intellectual disabilities

Jan. 2019: Epilepsia y psiquiatría en las personas con discapacidad intelectual (Epilepsy and psychiatry in people with intellectual disability)  
Authors: **Peña-Salazar, Carlos**  
Type: Lecture  
Place: Parc Sanitari Sant Joan de Déu (Barcelona)  
Congress: General Session

Feb. 2019: “ A clinical case of a Pica disorder”  
Authors: **Peña-Salazar, Carlos**, Kazah Soneyra Natalia  
Type: Lecture  
Place: Parc Sanitari Sant Joan de Déu (Barcelona)  
Congress: General Session

May. 2019: Psychiatric disorders and challenging behaviour in people with intellectual disabilities. Family impact and legal implications.  
Authors: **Peña-Salazar, Carlos**; Kazah, Natali; Iradazábal, Marcia; Tort, Vicenc  
Type: Symposium  
Place: Barcelona  
Congress: 12th International congress for mental health in intellectual disability

May. 2019: The relationship between challenging behaviour and comorbid psychiatric disorders in people with intellectual disability and autism spectrum disorders.  
Authors: **Peña-Salazar, Carlos**; Arrufat Nebot, Francesc; Fontanet, Abel; Más, Silvia; Roura-Poch, Pere; Santos López, Josep Manel.  
Type: Symposium  
Place: Barcelona, Spain

- Congress: 12th International congress for mental health in intellectual disability
- May. 2019: Nuevas investigaciones en el abordaje de la enfermedad mental en las personas con discapacidad intelectual o del desarrollo (Research in mental health and Intellectual disabilities. New approaches).
- Authors: **Peña-Salazar, Carlos**
- Type: Symposium
- Place: University of Extremadura (Cáceres), Spain
- Congress: I jornadas sobre salud mental y discapacidad intelectual (1st Congress of mental health and intellectual disability)
- Jan. 2020: Erwartungen der Betroffenen und Angehörigen (Round table about expectatives of users affected by a disability and their relatives)
- Authors: **Peña-Salazar, Carlos**
- Type: Expert panel discussion
- Place: Rehab Klinik Basel (Basel). Switzerland
- Congress: 2. Tagung Deutschland/Österreich/ Die Schweiz. Neues auf Forschung und Praxis mit den Schwerpunkten CP und Mehrfachbehinderung (2nd Conference of Germany/Austria and Switzerland. New approaches and research in cerebral palsy and multiple disabilities)
- [https://www.d-a-ch-inklusivemedizin.org/ts/data/\\_uploaded/file/2.Tagung-2020/Flyer%20D-A-CH-Tagung%202020-2.pdf](https://www.d-a-ch-inklusivemedizin.org/ts/data/_uploaded/file/2.Tagung-2020/Flyer%20D-A-CH-Tagung%202020-2.pdf)
- Feb. 2020: La epilepsia en las personas con discapacidad intelectual: Relación de los trastornos mentales, la discapacidad intelectual y la epilepsia (Epilepsy in people with intellectual disability: Relationship between mental disorders, intellectual disability and epilepsy).
- Authors: **Peña-Salazar, Carlos**
- Type: Lecture
- Place: Faculty of education and social work. University of Valladolid. Valladolid, Spain
- Congress: II Congress of mental health and intellectual disability
- [https://www.plenainclusioncyl.org/uploads/blog/descarga\\_157959303\\_1\\_Copia-de-Sin-t%C3%ADtulo-\(2\).pdf](https://www.plenainclusioncyl.org/uploads/blog/descarga_157959303_1_Copia-de-Sin-t%C3%ADtulo-(2).pdf)
- Apr. 2021: “A propósito de un caso. Recomendaciones desde la neurología psiquiátrica” (About a clinical case. Recommendations from psychiatric neurology)
- Authors: **Peña-Salazar, Carlos**
- Type: Conference
- Place: UHPP Catalunya (Unidad de psiquiatría penitenciaria)



- Congress: Sesión de área de psiquiatría penitenciaria (Prision psychiatry section lecture)
- Sept. 2021: Relationship between ED, psychiatric disorders and problem behaviours in an Spanish population sample
- Authors: **Peña-Salazar, Carlos**; Kazah, Natalia; Angel, Silvia  
 Type: Conference  
 Place: Berlin  
 Congress: 13th International congress for mental health in intelectual disability
- Dec. 2021: Psychiatric disorders in adults with Intellectual disabilities
- Authors: **Peña-Salazar, Carlos**  
 Type: Conference  
 Place: On line  
 Congress: Webinar. Personas con discapacidad intelectual y problemas de salud mental (People with Intellectual disabilities and mental health concerns).  
<https://www.som360.org/es/webinar/personas-discapacidad-intelectual-problemas-salud-mental>
- May .2022 Definición del modelo de abordaje en salud mental y discapacidad intelectual de Sant Joan de Déu (Definition of the new model approach in mental health and intellectual disability of Sant Joan de Déu)
- Authors: **Peña-Salazar, Carlos & Neus Ellias**  
 Type: Conference  
 Place: Parc Sanitari Sant Joan de Déu (Sant Boi de Llobregat. (Barcelona).  
 Congress: Symposium. Societat Catalana de Psiquiatria. Nuevos retos en discapacidad intelectual y problemas de salud mental. Abordajes psicoterapéuticos y farmacológicos (Symposium. Catalan Society of Psychiatry. New challenges in intellectual disability and mental health problems. Psychotherapeutic and pharmacological approaches)  
<https://en.calameo.com/read/004007197e993080c1f8a?authid=Jnji4tm9KXKE>
- Oct .2022 Pilot experience with emotional development model in UHEDI Sant Joan de Déu Barcelona.
- Authors: **Peña-Salazar, Carlos & Natalia Kazah**  
 Type: Conference  
 Place: Parc Sanitari Sant Joan de Déu (Sant Boi de Llobregat. (Barcelona).  
 Congress: I Symposium internacional sobre el modelo de desarrollo emocional. Una nueva perspectiva para entender los problemas de conducta en las personas con discapacidad intelectual. (I International Symposium

of emotional development model. A new perspective to understand behavior problems in people with intellectual disabilities.)  
<https://en.calameo.com/read/00400719768390ec70f23?authid=cldkt9oSu4NM>

- Oct .2022                      La relación entre la epilepsia y la salud mental en las personas con discapacidad intelectual (The relationship between epilepsy and mental health in people with intellectual disabilities)
- Authors:                      **Peña-Salazar, Carlos**  
Type:                              Conference  
Place:                             Alcobendas (Madrid)  
Congress:                      XVII Congreso científico familiar Asociación Cornelia de Lange España. La relación entre la epilepsia y la discapacidad intelectual en las personas con discapacidad intelectual. (XVII Family Scientific Congress Cornelia de Lange Spain Association)  
<http://www.corneliadelange.es/wp-content/uploads/2022/10/Congreso-Cornelia-de-Lange-2022.pdf>
- April. 2023:                      La relación de los trastornos mentales, la discapacidad intelectual y la epilepsia (Epilepsy in people with intellectual disability: Relationship between mental disorders, intellectual disability and epilepsy).
- Authors:                      **Peña-Salazar, Carlos**  
Type:                              Lecture  
Place:                             On line  
Congress:                      Ciclo de seminarios en salud mental. Con Buenos apoyos. Plena Inclusión España  
<https://www.plenainclusion.org/agenda/archivo/ciclo-de-seminarios-sobre-salud-mental-con-buenos-apoyos/>
- May. 2023:                      Desarrollo emocional y problemas de salud mental en personas con discapacidad intelectual
- Authors:                      Kazah, Natalia. **Peña-Salazar, Carlos**  
Type:                              Lectur  
Place:                             On line  
Congress:                      Plena Inclusion Castilla La Mancha

## LECTURES/ SCIENTIFIC TALKS (As collaborator)

Feb. 2021: The SOOTHED E-Quilt of mental Health and Wellbeing. Responding to Mental Health concerns in Adults with Intellectual Disability.

Authors: F. Sheerin, S. Angel, J. Duran, D. Ferrer, E. Foden, E. McCann, W. Paans, **C. Peña-Salazar**, S. Fleming.

Type: Conference

Place: Amsterdam (Netherlands)

Congress: 6th IASSIDD

## SCIENTIFIC ARTICLES IN SOCIAL MEDIA:

- Peña-Salazar, Carlos: “Es difícil aceptar que cualquiera de nosotros ha podido ser el vector de contagio de un familiar” (“It is difficult to accept that any of us could have been the vector of contagion for a family member”) 08/2020. <https://www.compartir.coop/es/salud/es-dificil-aceptar-que-cualquiera-de-nosotros-ha-podido-ser-el-vector-del-contagio-de-un-familiar>
- Peña-Salazar, Carlos: “A propósito del síndrome de Asperger, un breve relato. Una pequeña historia para entender la realidad de este trastorno del espectro autista”. (“About Asperger syndrome, a brief story. A short story to understand the reality of this autism spectrum disorder”) 02/2021. <https://www.som360.org/es/blog/proposito-sindrome-asperger-breve-relato>
- Peña-Salazar, Carlos & Vila-Badía, Regina “La psicosis, difícil de detectar en las personas con discapacidad intelectual” (“Psychosis, difficult to detect in people with intellectual disabilities) 11/2022. <https://www.som360.org/es/articulo/psicosis-dificil-detectar-personas-discapacidad-intelectual>

## POSTER PRESENTATIONS:

- Cecilia R, M Coll, N Fuentes, **C. Peña**, P Roura, FX Arrufat. “Descripción de los intentos de autolisis en los pacientes con conducta suicida tratados en urgencias del hospital general”. Encuentros en psiquiatría. April/2011 (Sevilla. Spain) (*Description of suicide attempts in patients with suicide behaviour in emergency department in a general hospital*)
- Cecilia R, M Coll, N Fuentes, **C. Peña**, P Roura, Altimiras J, Arrufat FX. Relación entre los intentos de suicidio, el tiempo y fases de la luna. Congreso Nacional de Psiquiatría (Oviedo, Spain). May/2011 (*Relationship between suicide attempts: Weather and moon stages*)

- **C. Peña-Salazar**, MJ. Álvarez, P. Roura, C. Goudier, N. Ros, FJ. Arrufat. "El trauma infantil como precursor de la disociación en pacientes del espectro esquizofrénico y en controles sanos". XVI Curso anual de esquizofrenia. November/2011 (Madrid, Spain).
- **C. Peña-Salazar**, MJ. Álvarez, H. Masramón, C. Goudier, P. Roura, FJ. Arrufat. "Childhood trauma as a precursor of dissociative symptoms in schizophrenia spectrum patients and healthy controls". III biennial schizophrenia research conference. April/2012 (Florence) (Italy)
- **C. Peña-Salazar**, M Álvarez, H Masramón, C. Gourdiar, P. Roura-Poch, FJ Arrufat "Trauma infantil, psicosis i dissociació" Jornada Cloenda. Societat Catalana de Psiquiatria i Salut Mental (Juny 2012) (Barcelona, Spain) (*Childhood trauma, psychosis and dissociation*)
- MJ. Álvarez, H. Masramón, **C. Peña**, P. Roura, FX. Arrufat. "Esquizofrenia y disociación. El impacto del trauma y de la politraumatización". (Schizophrenia and dissociation. The trauma and polivictimization effect. XVIII Curso anual de esquizofrenia. November/2013 (Madrid, Spain)
- González Castro G, **Peña-Salazar C**, Pons Baños J, Álvarez Alonso MJ, Santos López JM, García León N, Arrufat Nebot FX. Implementación y respuesta a tratamiento con Clozapina en pacientes afectos de esquizofrenia resistente en Tratamiento Asertivo Comunitario. (Clozapine response in schizophrenic medical resistant patients in an assertive community treatment). IV Reunión Anual de Terapéutica en Psiquiatría. March/2014 (Barcelona, Spain)
- Kazah N, **Peña-Salazar C**, Angel S, Lupiáñez I. Translation and adaptation into Spanish of the Scale of emotional Development-Short (SED-S). 13th International congress for mental health in intellectual disability. Sept/2021. (Berlin, Germany)
- Durán J, **Peña-Salazar C**, Angel S, Ferrer D, Sheerin F. Soothe: „Responding to Mental Health Concerns in Adults with Intellectual Disabilities“. 13th International congress for mental health in intellectual disability. Sept/2021 (Berlin, Germany)
- Angel Buil S., Kazah N., **Peña-Salazar C**. Hospital care transformation in mental health to adults with intellectual disabilities and psychiatric disorders. 44<sup>th</sup> World Hospital. Nov/2021. Congress (Barcelona, Spain)

## 5. OTHERS

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### LANGUAGES

- Spanish (written and spoken; mother-tongue language)
- Advance English level (written and spoken)
- Proficiency German level (written and spoken)
  - Goethe Zertifikat Niveau C1, Feb 2015
- Basic french level (written and spoken)
- Basic Russian (Written and spoken)
- Catalan intermediate (spoken)

### MEMBERSHIPS:

#### INTERNATIONAL ORGANIZATIONS:

- From March 2022 **Membership of the WHO rehabilitation Programme** (Peer Review Group for the Packages of Interventions for Rehabilitation for Autism Spectrum Disorders and Intellectual Disabilities).
- From 2019. Membership of EAMHID (European Association for Mental Health in Intellectual Disabilities)
- From Sept. 2019. Spanish representative of NEED (Network for Europeans in emotional development)
- From Oct.2018. International collaborator of D.A.CH. “Inklusive Medizin” (Inclusive medicine. German spoken association for medicine in intellectual disability)

#### NATIONAL ORGANIZATIONS:

- From Jan. 2019. Membership of PRISMA research group (Sant Joan de Déu research Group)
- From May 2019. Membership of “The Biomedical Research Center Network for Epidemiology and Public Health” (CIBERESP)
- Membership of Spanish association of Psychiatry and Mental Health
- Membership of Catalan association of Psychiatry and Mental Health
- From 04.2021. Membership of “Work’s group in Mental Health and Intellectual Disability” from Catalan Society of Psychiatry and Mental Health.



Barcelona, 11.05.2023