



**European Association for Mental Health in Intellectual Disability  
(EAMHID)**

**EAMHID board: November 22<sup>nd</sup> 2019: 14:00 – 19:00**

**Masterclass: November 23<sup>rd</sup> 2019: 10:00 – 14:00**

**Venue: Faculty of Psychology, University of Bucharest  
Str. Ana Davila, no 26, București, România**

**DAY 1: November 22<sup>nd</sup> 2019**

**Arrival in Bucharest, Romania**

- 14:00 – 15:00**      **Visit of the Services in Bucharest**  
**Str. Ana Davila, no 26,**
- 15:00 – 19:00**      **Board meeting** (only EAMHID board members)
- 20:00**                      **Dinner** (EAMHID Board and Group from Romania)

**DAY 2: November 23<sup>rd</sup> 2019**

- 08:00 – 09:00**      **EAMHID Board Breakfast**  
**Str. Ana Davila, no 26**  
**Faculty of Psychology**  
**București, România**
- 9:45**                      **Photo Session EAMHID Board Members and Romanian Colleagues**
- 10:00 – 14:00**                      **EAMHID Masterclass November 23rd 2019**

**Theme: Mental well-being and development in  
persons with an intellectual disability**

**PROGRAMME**

<b>No.</b>	<b>Time</b>	<b>Presentation</b>	<b>Presenters</b>
1	10:00	Welcome (function EAMHID; recruit new members & Conference in Berlin)	Tanja Sappok Roxandra Folostina
2	10:15	Well-being and good practices for independent living	Roger Banks
3	10:35	Mental health system and services in Romania – current situation and potentials	Prof. Eugen Avram
4	11:55	Mental well-being: prevention of self-harm, suicide, depression and anxiety in persons with ID	Eddie Chaplin
5	11:15	How to improve well-being: case presentation and discussion	Marcela Popescu Alina Cirja
6	11:35	BREAK	
7	12:00	Well-being of professionals: managing aggressive behaviours	Filip Morisse
8	12:20	Psychiatric medication and well-being: when is medication reasonable and when not?	Brian Barrett

9 12:40 Closing

Roger Banks  
Roxandra Folostina

10 12:50 Book presentation "*Moving on by  
Standing Still: A Different View of  
'Problem Behavior'*" Geert Bettinger

Claudia Iacob,  
Jannelien Wieland  
Geert Bettinger

11 13:00 End of Masterclass

**13:00**

**Lunch**

**14:00**

**Good Bye and Close of EAMHID**

**Meeting**

14:00 – 17:00

Symposium with Geert Bettinger and Hetty Verzaal from The Netherlands

(not obliged for EAMHID board members)

General information

**Accommodations nearby:**

- [JN Boutique Apartments](#)
- [Aquaroma Home](#)
- [West Plaza Hotel](#)
- [Visconti Militari](#)

**Contact person in Romania:**

Claudia Iacob: [iacob.claudia2018@gmail.com](mailto:iacob.claudia2018@gmail.com) Tel: +40 722 226 563

**EAMHID contact persons:**

Tanja Sappok: [tanja.sappok@t-online.de](mailto:tanja.sappok@t-online.de) Tel: +49 170 347 7139

Roger Banks: [rogerbanks@doctors.org.uk](mailto:rogerbanks@doctors.org.uk)

Paula Sterkenburg: [psterkenburg@bartimeus.nl](mailto:psterkenburg@bartimeus.nl)

v. Bodelschwingsche Stiftungen Bethel

**SAVE THE DATE!**

13<sup>th</sup> European Congress of  
Mental Health in Intellectual Disability  
Berlin 23–25 September 2021  
Venue: Urania

From Science to Practice: Improving Mental Health  
in Persons with Intellectual Disability



Disability (EAMHID)

EAMHID board meeting and masterclass November 22<sup>nd</sup> and  
23<sup>rd</sup> 2019