



HURICAIN

HUman Rights in CAre: INternational pilot for workplace training to develop competences to deal with client specific behaviour: E-learning and E-coaching.

Erasmus + project
(European Union)

Erasmus +

- Cooperation for innovation and exchange of good practices
- Has to result in development, transfer, implementation, dissemination of innovative practices
- ‘Golden standard’
- Knowledge, skills & competences
- ‘Strategic partnerships’
- Participating organisations: schools/education and care organisations

Rationale: human rights and inclusion

- Challenging Behavior (CB) limits use of, or results in the person being denied access to ordinary community facilities.
- Due to lack of professional competences, professionals often choose to apply **compulsory and punitive measures**, which is in contradiction with the human rights paradigm.
- Coaching competences to prevent and manage CB, is more adequate when the learner is actually **on the work place**. Students cannot really imagine (some) specific behavior and the impact of this behavior on caregivers, nor that they could play an important role in the situation. For this reason, we want to create a sustainable platform by which starting professionals are supported by experienced experts.

Innovative

- Training of caregivers with regard to attunement and interactions has a stronger impact on the mental health and Quality of Life of persons with intellectual disabilities (ID) and co-occurring challenging behavior than merely focusing on diagnostics and treatment at the level of the individual user.
- Despite this conclusion, there are few trainings in Europe that emphasize the acquiring of knowledge as well as the learning of emotional competences starting from specific learning outcomes that focus on the group ID and CB.
- The innovative element is that the HURICAIN platform will initiate a “community of practice” in an international context.
- The long-term objective of this project is to be able to guarantee the enduring (collateral) human rights approach within social services, but also in the medical domain and even in inclusive education.

Priorities

- **Individual coaching** = adequate methodology for the learning and boosting of socio-emotional competences.
- Support care professionals to improve their level of self-efficacy, self-reflection, their coping style and the capability for teamwork in specific situations where challenging behavior occurs.
- General objective = to **create a platform and initiate a community** of practice to support professionals in developing competences via **in-service training** to deal with challenging behavior. Via this platform professionals and educational providers will be available to consult **learning tools**. The platform and community of practice will support synergies between education, research and innovation activities, the digitisation of quality learning content and promoting the use of **ICT** as a driver for systemic change to increase the quality and relevance of education and training. At the level of VET, HURICAIN will promote **work-based learning** and strengthening key competences in VET curricula

Expected results

- Greater sensitivity to micro, meso and macro level for the phenomenon of CB and emotional vulnerability within target groups (consciousness that it is often the question of not being able to cope than unwillingness)
- Less intrusive support strategies, less restrictive measures, less punishing and violating procedures
- Higher inclusive support and quality of life of user groups
- Higher job satisfaction and fewer burn-outs among professionals
- Bringing closer 'VET world' and the 'real world'/working floor

Partners

- University College Ghent (B) – lead
- SEN, center of expertise (B)
- EASPD, Service Providers (EU-B)
- ANFASS, family users (IT)
- KEH K.E. Herzberge (D)
- UNICATT, University of Milano (IT)
- Latvian Movement for independent living (LV)
- CERCICA (P)
- Centar za rehabilitaciju Zagreb (HR)

Target group

- Direct support professionals working with individuals with intellectual disabilities and co-occurring challenging behavior
- Future support professionals (students)

Activities

- Activity 1 and 10: developing and managing **HURICAIN platform** and exploitation plan for generic **community of practice**
- Activity 2: developing the **e-learning course** for coaches
- Activity 3: **e-training** for expert coaches (pool)
- Activity 4: (pilot on) **learning outcomes for challenging behavior**
- Activity 5: developing e-partim CB-ID
- Activity 6: **e-training (partim) on CB-ID** for 8 coachees
- Activity 7: **coaching** of the eight coachees **on the workplace**

Activities

- Activity 8: e-training of the 8 coachees for expert coaches: the 8 coachees will be trained and coached
- Activity 9: translating e-course CB-ID
- Activity 10: exploitation plan for generic community of practice (see activity 1)
- Activity 11: organizing generic multiplier events (EASPD)
- Activity 12: organizing 5 multiplier events in partner countries (EASPD)
- Activity 13: modify e-courses and writing manual for e-coaching CB-ID
- Activity 14: translating manual and translate modification e-partim
- Activity 15: flyer for promotion

Organisation & funding

- Max. 3 years
- Max. 150.000 euro/year, divided between all participating countries
- Fixed amounts for each activity (e.g. travel 275€/participant; 6.000€/y projectmanagement)
- Intellectual outputs, individual support, linguistic support, multiplier events, transnational meetings/trainings; ICT
- Co-funding is desirable
- 1 promotor (projectmanagement)
- Date of submit: 31 march 2016