

# Meeting the Emotional Needs of People with ID: The Developmental Approach



**Keynote Speakers:**

*Dr. Tanja Sappok – Senior Physician, KEH Hospital, Berlin. President Elect, EAMHID*

*Fillip Morisse<sup>1</sup> and Leen de Neve<sup>2</sup> – Orthopedagogues, <sup>1</sup>University College Ghent, <sup>2</sup>P.C. Dr. Guislain*

*Dr. Pat Frankish, Consultant Clinical Psychologist, Independent Practice, UK*

*Dr. Jennifer Clegg – Honorary Associate Professor, University of Nottingham, UK*

**Thursday 19<sup>th</sup> September 2019, 12.00 – 17.00**

**Venue: Institute of Mental Health, Triumph Road, Nottingham NG7 2TU**

**Cost: £55.00 (including lunch and refreshments)**

The attachment needs of people with Intellectual Disability are increasingly being recognised in the development of therapeutic approaches, service delivery models, and professional guidelines. The developmental approach situates attachment theory within a broader understanding of the social, emotional, and cognitive competencies of people with ID. It allows for individually tailored therapeutic approaches, which target interventions towards meeting the person's basic emotional needs, with the intention that this will facilitate personality growth and the reduction of behaviour which is challenging to others.

This symposium brings together leading voices in attachment theory and emotional development from the UK and Europe, with the hope of expanding the range of therapeutic approaches currently available to people with Intellectual Disability. It will be of interest to psychologists, psychiatrists, learning disability nurses, occupational therapists, speech and language therapists, special education teachers, parents/carers, and academics in the fields of intellectual disability and neurodevelopmental conditions.

## Programme

*Chair – Dr. Mark Hudson, Clinical Psychologist & Assistant Professor, University of Nottingham*

- 12:00**      **Registration and buffet lunch**
- 13:00**      **Welcome and Introduction – Dr. Mark Hudson**
- 13:15**      **Dr. Tanja Sappok: A conceptual overview of the emotional development approach and review of the evidence base**
- 14:00**      **Fillip Morisse and Leen de Neve: Practical implications of the emotional development approach at different stages.**
- 14:45**      **Refreshments**
- 15:15**      **Dr. Pat Frankish: The impact of trauma on early emotional development**
- 16:00**      **Dr. Jennifer Clegg: Integration or annihilation? Timing the marriage of attachment and behavioural approaches to intellectual disability in anglophone cultures**
- 16:45**      **Discussion**
- 17:00**      **Close**